



SEPTEMBER/OCTOBER 2023

PUBLIC HEALTH NEWS

BACK-2-SCHOOL: MEET OUR SCHOOL NURSES

Tonya Tracy, RN:

Tonya is the school nurse at Upper Sandusky. Her favorite part of school nursing is working with school staff members and the funny stories students share. Tonya has 24 years of school nursing experience having previously served at Findlay and Hancock County schools.



Elaine McKee, RN, BSN:

Elaine is the school nurse at St. Pete's and Upper schools. Her favorite part of school nursing is spending time getting to know students. Elaine has been a nurse for four years and has two children at home.



Ashley Pierson, RN, BSN:

Ashley is Carey's school nurse. She has a passion for pediatrics and loves that school nursing allows her to grow in the pediatric field. Ashley received her bachelor's degree from Kent State University and has over 10 years experience in pediatrics.



Meet Beth Bower, RN:

Beth is a substitute school nurse and fills in at schools as needed. Her favorite part of school nursing is interacting with the students. Beth has 15 years of experience in school nursing. She spent 14 years as the Upper Sandusky school nurse.



SEPTEMBER IS CHILD PASSENGER SAFETY MONTH

A note from our Child Passenger Safety Technicians:

For parents new and old, car seats and booster seats can be a headache! Wyandot County Public Health's Child Passenger Safety Technicians are here for you!

We offer free checks on child safety seats to ensure that the seat your child is riding in is properly installed and ready to keep your child safe in an emergency.

Whether you're a seasoned parent or new to the car seat game, give us a call at 419-294-3852 to schedule your free seat check, and hit the road with confidence.

September is National Child Passenger Safety Month. Each year the month is spent raising awareness and helping parents learn how to install and use their car seat correctly. The biggest focus being on Seat Check Saturday on September 29. The entire nation gets behind keeping kids safer in car seats, booster seats and seat belts.

Here's how we're celebrating:

- 5-7 P, Sept. 7 @ Upper Sandusky First Thursday
 - Come chat with one of Wyandot County Public Health's Child Passenger Safety Technicians about car seat and booster seat safety. Schedule a seat check and learn more about the Ohio Buckles Buckeyes car seat program.
- 10A & 11A Sept. 18 & 5:30 P Sept. 19 @ Upper Sandusky Community Library Story Times
 - Our CPSTs will be reading car seat stories with your kids and sharing information about the OBB program.





IT'S TIME TO SAY 'BOO' TO THE FLU

According to the Centers for Disease Control and Prevention, a yearly flu vaccine is the best way to protect your child from flu and its potentially serious complications.

We know getting vaccinations is not necessarily a *fun* experience, and that's why we look forward to our annual Boo To The Flu vaccination clinic each year! With goody bags, the opportunity to wear a favorite costume, and enjoy snacks, Boo To The Flu is the fun way to protect the whole family before flu season. Stop by Trinity Evangelical Church between 3-6 p.m. on Oct. 2. All ages are encouraged to receive vaccines and to wear costumes!

The Ohio District 5 Area Agency on Aging also will be offering surveys to people who get vaccinated and giving away \$25 gift cards for those who complete the survey.

Our Child Passenger Safety Technicians will be offering free car seat checks at our BOOster Bash right outside Trinity Evangelical during Boo To The Flu. It's a one-stop-shop to protect your children from flu and injury!

Why should my child get a flu vaccine?

- Reduces the risk of flu illness and hospitalization among children.
- Shown to be life-saving for children.
- Can make illness less severe among people who get vaccinated but still get sick with flu.
- Reduces the risk of illness, which can keep your child from missing school or childcare and you from having to miss work.
- Reduces the high risk of developing serious flu complication especially if your child is younger than 5 years, or of any age with certain chronic conditions.
- Helps prevent spreading flu to family and friends, including babies younger than 6 months who are too young to get a flu vaccine.

When should my child get a flu vaccine?

Doctors recommend that your child get a flu vaccine every year in the fall, starting when he or she is 6 months old. Some children 6 months through 8 years of age may need 2 doses for best protection.

- CDC recommends a flu vaccine by the end of October, before flu begins spreading in your community. Getting vaccinated later, however, can still be beneficial and vaccination will continue to be offered throughout the flu season, even into January or later.
- Children 6 months through 8 years getting a flu vaccine for the first time, and those who have only previously gotten one dose of flu vaccine, should get two doses of vaccine. The first dose should be given as soon as vaccine becomes available.
- If your child previously got two doses of flu vaccine (at any time), he only needs one dose of flu vaccine this season.

CDC recommends a yearly flu vaccine for everyone ages six months and older. Pregnant women should get a flu vaccine during each pregnancy. Flu vaccines given during pregnancy help protect both the mother and her baby from flu. Wyandot County Public Health also offers vaccine clinics on Mondays and Fridays at Wyandot County Public Health. Call 419-294-3852 to schedule an appointment.

AGING & DISABILITY
Vaccination
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Wyandot County
Public Health
Prevent. Promote. Protect.

Ohio District 5
AREA AGENCY
ON AGING
Serving North Central Ohio

WYANDOT COUNTY PUBLIC HEALTH
FLU VACCINATION CLINIC

**Boo To
The Flu**

& BOOster Bash car seat check

October 2 | 3-6 p.m.
Trinity Evangelical Church,
Upper Sandusky

Walk-ins welcome! All ages
encouraged to attend in
Halloween costumes.

Get Rewarded
for your vaccines!

- 1 get vaccinated & take the survey
- 2 take home a \$25 gift card!

paper surveys also available!

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