



Wyandot County
Public Health
Prevent. Promote. Protect.

Wyandot County

PUBLIC HEALTH NEWS

AUGUST-OCTOBER 2022

Stay on track with your child's vaccinations

As a parent, you want to keep your children safe. Routine childhood vaccinations are an important way to ensure that your child and community remain healthy and protected against serious diseases, like measles and whooping cough.

Now that in-person activities and play have resumed, Wyandot County Public Health encourages parents to make sure children are up to date on routinely recommended vaccines. Well-child visits and check-ups are essential for the health of your child, even during the pandemic.

Wyandot County Public Health will offer several special flu vaccine clinics, as well as weekly routine vaccine and pediatric/adolescent COVID-19 vaccine clinics by appointment on Mondays and Fridays.

You can also review the 2022 easy-to-read immunization schedule recommended by the Centers for Disease Control and Prevention. If you're pregnant, now is a great time to find a doctor for your baby and schedule a visit to discuss any questions you have about vaccines.

For more information about vaccines and the diseases they prevent, visit these resources from the CDC: [cdc.gov/vaccines/parents/visit/vaccination-during-COVID-19.html](https://www.cdc.gov/vaccines/parents/visit/vaccination-during-COVID-19.html)



Vaccine clinics

- **Routine Clinics:** 12-6 P Mondays and 9A-4P Fridays at Wyandot Co. Public Health by appointment. Schedule: 419-294-3852. Flu vaccines available starting in September.
- **Carey Clinics:** 2-6 P on the second Monday of each month at the Carey Senior Depot. Schedule: 419-294-3852.
- **Pre-Boo To The Flu clinic & costume pantry:** 10 A-1 P Oct. 1, at Liberty Family Center. Event held with Upper Sandusky Free Event Wear & Costume Pantry. Come get your flu vaccine and a free Halloween costume.
- **Boo To The Flu:** 4-7 P, Oct. 24 at Trinity Evangelical UMC, Upper Sandusky. Costumes encouraged. No appointment necessary.
- **Pediatric/Adolescent Moderna COVID-19 clinics:** 12-6 P Mondays and 9 A-4 P Fridays by appointment. Schedule: 419-294-3852.

A NEW CHAPTER: WELCOME TO WIC

Krystina Auble has joined the Wyandot County Public Health and Wyandot County Women Infants and Children (WIC) program staff as the new WIC Director. Auble was hired in May and replaces former WIC Director Arlene Schriener who retired in June.

Auble started her career at Hancock County WIC as the breastfeeding coordinator and is now excited to help the Wyandot County WIC program grow.

She received her Bachelor of Science degree in Cellular and Molecular Biology and her Masters of Public Health in Dietetics from the University of Michigan. Krystina is a registered and licensed dietitian and is a Certified Lactation Counselor.

In her free time, Auble enjoys reading memoirs, and getting outdoors to hike and kayak. She also enjoys spending time with her adorable nephews.

Think WIC might be right for you? Contact Wyandot County WIC or visit <http://www.signupwic.com/> to learn more.



Find us: @WyandotHealth on your favorite social media channels and at WyandotHealth.com

Back to school

MEET OUR SCHOOL NURSES



Beth Bower



Tonya Tracy



Kelsei Carter

This year, we are tackling school nursing with a team approach. Your students will get to know several members of our staff. The team approach allows Wyandot County Public Health to ensure that every school's needs are met. We wish you a very safe and happy school year!

— *A message from our car seat technician* —

To parents new and old, car seats can be scary. Installations come with many different steps. You have to reference both your car seat manual and your vehicle's manual to make sure you're getting the best installation so the children in your car are transported safely.

Wyandot County Public Health offers car seat checks by appointment from 9 a.m. to noon on Fridays with our certified car seat technicians. During a check we'll make sure you know how to get the best fit for your child, so you can hit the road confidently.

Child Passenger Safety Week is Sept. 18-24. To celebrate,

Wyandot County Public Health is hosting a Car Seat Safety program. It is 6 p.m. Sept. 22 at the Upper Sandusky Community Library and will introduce car seats and booster seats and the Ohio Buckles Buckeyes program, which allows us to provide car seats to families at a nominal cost.

We're here to help. To schedule a car seat check, call Wyandot County Public Health now at 419-294-3852.

— Wendy Pauly
OBB Coordinator, CPST

DRIVE SOBER OR GET PULLED OVER



During the Labor Day holiday, including the end of summertime, the Wyandot County Safe Communities Coalition is working alongside the law enforcement to decrease impaired driving. From Aug. 19 through Sept. 5, area law enforcement will be participating in the Drive Sober or Get Pulled Over enforcement period. Law enforcement is reminding drivers: no matter how you plan to celebrate the end of summer, make sure you plan for a safe ride home.

According to the Ohio State Highway Patrol, in Ohio 404 people were killed in motor vehicle crashes in 2021 that involved an alcohol-impaired driver. Nationwide, during the 2020 Labor Day holiday period alone, there were 530 crash fatalities. Forty-six percent of those fatalities involved drivers who had been drinking (.01+ BAC). More than one-third (38%) of the fatalities involved drivers who were drunk (.08+ BAC), and one-fourth (25%) involved drivers who were driving with a BAC almost twice the legal limit (.15+ BAC).

Age is a particularly risky factor: Among drivers between the ages of 21 and 34 who were killed in crashes over the Labor Day holiday period in 2020, 44% of those drivers were drunk, with BACs of .08 or higher.

"Drunk driving is not just illegal, it's a matter of life and death," Wyandot County Sheriff Todd Frey said. "We want our community members to understand that it is our priority to keep people safe. We're asking everyone to plan ahead if they know they'll be out drinking."

Try these safe alternatives to drinking and driving:

- Remember that it is never okay to drink and drive. Even if you have had only one alcoholic beverage, designate a sober driver or plan to use public transportation or a ride service to get home safely.
- If you see a drunk or impaired driver on the road report it to local law enforcement.
- Do you have a friend who is about to drink and drive? Take the keys away and make arrangements to get your friend home safely.

"We want everyone to have a fun and safe holiday, but drunk driving is not acceptable," Frey said. "There are safe alternatives to get you home safely. Please use them."

For more information on impaired driving, visit @WyandotHealth social media.