

# PUBLIC HEALTH NEWS

AUGUST 2007

## IMMUNIZATION CLINICS

### Upper Sandusky

Mondays  
(appointment only)

Tuesdays  
4:30 to 6:00 PM

Fridays  
9:00 to 11:00 AM  
&  
1:00 to 4:00 PM

### Carey

August 13th, 2007  
2:00 to 6:00 PM

### Sycamore

August 27th, 2007  
2:00 to 6:00 PM

### Family Planning Clinics:

#### THURSDAYS

August 2nd, & 16th,  
23rd, & 30th, 2007

### Teen & Family Clinic

August 9th, 2007

Lead Testing  
Tuesdays  
1:00 to 3:00

### WIC Clinic

Tues-Wed-Thurs  
8:30 to 4:30 PM

Call (419) 294-3852 for more clinic information or to schedule an appointment.

## IMMUNIZATION UPDATES

The Wyandot County Health Department recently received word from The Ohio Department of Health of the recommendation and availability of the Menactra meningococcal vaccine for all children between and including 11 and 18 years of age. The vaccine helps to prevent the occurrence of meningitis, the infection of the spinal cord fluid and the fluid that surrounds the brain that can cause brain damage, hearing loss, learning disabilities, and even death. Some forms of meningitis are contagious, spread through respiratory

and throat secretions. Prolonged contact with an infected person is another form of transmission, therefore, those enrolled in daycare settings or those sharing common living space, including a dormitory setting are at risk of getting the disease. Menactra vaccine obtained through ODH is now available at a cost of \$8.00 to those between the ages of 11 & 18 years of age. Private Menactra vaccine is also available for those between the ages of 19 and 55 years of age at a current cost of \$98.00. Changes have also

come about with the varicella (chickenpox) vaccine, Varivax. The ODH vaccine is now available to children between and including 1 to 18 years of age at the current price of \$8.00 per dose. Children 13 years and older must receive 2 doses 4 to 8 weeks apart if there is no documented history of the disease or prior vaccination for the disease.



## WORLD BREASTFEEDING MONTH

Wyandot County WIC is once again celebrating World Breastfeeding Month in August. WIC will host a baby shower on August 7th at Upper Sandusky Community Library. Local health care providers and breastfeeding supporters have been invited to attend along with pregnant and breastfeeding WIC

participants. There will be refreshments and door prizes for all attendees. The local WIC chapter is very pleased to announce a marked increase in the number of WIC moms who have chosen breastfeeding as the best nutritional choice for their babies. In fact, as of June 30th, 47% of Wyandot County WIC babies are

breastfed! This is 13% above the 34% Ohio rate of breastfeeding moms. Breastfeeding is the crucial first step. Research has shown that breastfeeding can reduce infant mortality by 20% in the U.S.! Healthcare Providers: Please refer to the clinician's breastfeeding triage tool enclosed with this mailing.

## WYANDOT COUNTY HEALTH DEPARTMENT

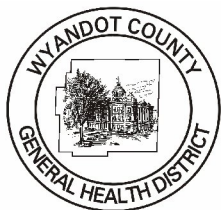
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We're on the web!  
[www.wyandothealth.com](http://www.wyandothealth.com)



The Wyandot County Health Department is dedicated to the promotion and provision of equal access to affordable preventive health and safety services in order to positively impact the health and well-being of all citizens of Wyandot County.

## Let your fingers do the walking...

through the pages of the CDC Yellow Book! Do you have any travel plans in the near or distant future? If so, check out the CDC publication titled "Health Information for International Travel" more commonly known as the "Yellow Book". The 2008 edition is now available for purchase. Order information is on the CDC website. If you are not interested in purchasing the book, any information contained in the Yellow Book can be obtained online as well! The Yellow Book is a clearinghouse of information on a variety of topics from general health recommendations to the prevention of specific infectious diseases all over the world. The book will help you plan ahead with immunization and medication information and information on obtaining healthcare abroad! Check it out at [www.cdc.gov/travel!](http://www.cdc.gov/travel!)

## GET READY FOR SCHOOL!

August is here! It's hard to believe that children will be returning to school in three weeks! If you have school aged children, remember to check on their health status before school starts. Most schools, and daycares require specific vaccinations and/or health checks prior to school entry. Check with your vaccine provider on the immunization status of your child. The Wyandot County Health Department provides affordable vaccines at all clinics listed on the front page of this publication. Please feel free to call the health department with any questions or concerns regarding vaccines. Children entering school or daycare for the

first time or children who will be participating in a sport will also be required to complete a physical prior to participation in any sport. There are many healthcare providers who provide affordable school and sports physicals. Ohio Department of Health hearing and speech clinics are held several times a year at The Wyandot County Health Department. The next hearing and speech clinic will be held October 18th. Information on registration for these free clinics can be obtained by calling (419) 294-3852. Does your child need a blood lead test? Lead testing can be done through Wyandot County Health Department. Lead poi-

soning is a direct result from exposure to lead in the environment. Lead is no longer used in products today, however, some lead based products still exist in the U.S. Lead is a health hazard which leads to toxicity in human tissue and enzymes. It is especially harmful in young children with developing nervous systems. Removing and avoiding lead sources along with early detection and treatment for lead will prevent or limit the harmful effects of lead. Calling all cars! Drivers, please remember to pay special attention to children who walk and bike to school every day. Obey all traffic laws and watch for school bus traffic!