



PUBLIC HEALTH NEWS

Wyandot County Public Health

DON'T FUMBLE. DRIVE SOBER.

Tickets? Check. Game gear? Check. Designated sober driver?

Football season 2019 is underway and the Wyandot County Safe Communities Coalition wants to take a moment to remind everyone of the dangers of drinking and driving. For many, the game experience begins well before kick-off at a tailgate party. Play it safe at your event and designate an MVP, a so-

ber driver, before your favorite team takes the field.

In 2018, the Ohio State Patrol cited over 26,000 people for operating a vehicle while under the influence. More than 400 were killed in 13,364 OVI-related crashes.

According to local court records, there were 156 OVI citations issued in Wyandot County in 2018.

There is no excuse for travelling in a vehicle as, or with, an impaired driver. In addition to preparing ahead for overnight lodging, there are many safe game day options including: public transportation, cabs, Uber, and, the cheapest by far, a designated sober driver. Thank your sober driver with a game ticket and a full fuel tank. Don't fumble! Keep the roads safe.

IMMUNIZATION CLINICS

(BY APPOINTMENT ONLY)

Upper Sandusky

Mondays

12:00-6:00 pm

Fridays

9:00-11:00 am

&

1:00-4:00 pm

Carey

2nd Monday

of every month

2:00-6:00 pm

Carey Senior Depot

Family Planning

Immunization

Teen & Family

Call:

419-294-3852

for appointment

WIC Clinic

419-294-3341

Wyandot County

Public Health

24/7

EMERGENCY PHONE

419-294-3852

GET THE LEAD OUT!

Lead poisoning is a very serious issue. An elevated lead level in a child can cause harm to their mental and physical development and can even lead to death.

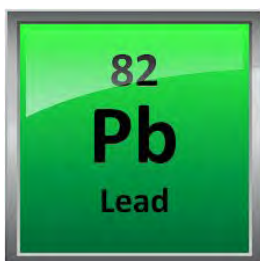
Lead is found throughout the environment, but, is found most commonly in lead based paint, mainly in older homes that were painted prior to 1977.

Children can be tested for the presence of lead in their systems with a

simple blood test. The amount of lead in blood is referred to as blood lead level. There is no safe blood lead level for children, in fact, the CDC states that even very low levels affect IQ

and the ability to pay attention, which inhibits academic achievement. That's the bad news, but, the good news is that childhood lead poisoning is 100% preventable and cost-effective.

The last week of October is National Lead Poisoning Prevention Week. Go to: <https://www.cdc.gov/nceh/lead/default.htm> or call 800-424-LEAD or your local public health department for more lead info.



2019-2020 FLU SEASON

Wyandot County Public Health is in the early planning stages for the 2019-2020 flu season.

Between 162 and 169 million doses should be available throughout the U.S. for the upcoming flu season. WCPH has flu vaccine on order and is awaiting its arrival to set flu clinic dates at the health department and throughout the county. Clinic dates and locations will be posted on wyandothhealth.com and in local

news outlets.

The flu is a highly contagious disease that can lead to severe illness, even death, especially among the very young, elderly, and medically compromised. It can be spread up to six feet away through a cough or sneeze. The flu is a respiratory disease that can also be contracted by touching a contaminated surface and then touching eyes, nose, or mouth.

Healthy people that have come in contact with the flu virus can infect others even before they experience flu symptoms themselves.

The best way to avoid the flu is to vaccinate against the disease. You can also protect yourself by employing good hygiene habits including the proper use of tissues for coughs and sneezes, frequent handwashing, and, of course, avoiding sick people.

VITAL STATISTICS & THE “NEW” DRIVER’S LICENSE

Do you still have a hospital issued birth document with, perhaps, your footprints, maybe even your mother’s thumbprints, and a gold seal? Just a “heads-up”... this treasured document is not what you will need when you visit the BMV.

Certified copies of birth certificates are required for various reasons: Ohio driver’s permits, licenses and state ID’s; insurance coverage; school entry; sports; and passports are just a few. All Ohio birth certificates issued, beginning with the year 1909, are available in the vital statistics department (primarily located within local public health

departments) in every county throughout the state of Ohio.

Ohio is an “open records” state which means that anyone can obtain a record for anyone. To prevent identity theft, etc., local health departments have the right to deny access to a birth record if the requestor cannot provide basic information found on the certificate.

Death certificates are available for deaths that occurred within the county. For the first five years after the date of death, a death certificate with a Social Security number on it can only be obtained

by the following: the deceased’s spouse, lineal descendant, attorney, executor, legal agent, private investigator, veteran’s service officer, representative of an investigative government agency, an accredited member of the media, or funeral director acting on behalf of the family.

Obtaining a certificate through Wyandot County Public Health is quick and easy with the completion of a WCPH request form and the provision of the \$27.00 fee. The form is available on wyandothhealth.com under [Vital Stats](#) and at the health department.

EMPLOYEE SPOTLIGHT: Michelle Swinehart



Wyandot County Public Health is proud to announce the recent arrival of Michelle Swinehart, to the WCPH family. Michelle comes to us most recently, from the Daily Chief Union where she worked for 22 years ending her career as office manager.

Michelle, a hometown girl, is the fifth born of six children and a 1988



graduate of Upper Sandusky High School. In her spare time, Michelle enjoys watching scary movies, a passion she shared with her mom; spending time with family and friends; bicycle riding; and taking walks with her fur-baby, Bear.

Visit us at the health department and say hello to Michelle!