



Wyandot County General Health District
2009 Annual Report

Governing Body

Dr. Donald P. Smith, Health Commissioner
Carolyn Clabaugh, President
Mary Beth Stinehelfer, Vice President
Philip Case, Board Member
Ene Leonard, Board Member
Dr. Joseph Sberna, Board Member
Dr. Herschel Rhodes, Board Member,
retired 7/23/2009

Health Department Employees

Barbara Mewhorter, Administrator
Jeffrey Ritchey, RS, Dir. of Environmental Health
Darlene Steward, RN, Director of Nursing
Cynthia Kraus, RN, CLC, Director of WIC
Carol Stephan, BBA, Admin. Assistant, Registrar
Elizabeth McDougale, BSN, Public Health Nurse
Joan Kincade, RN, Public Health Nurse
Elizabeth Bower, RN, Public Health Nurse
Melissa Bianchi, RN, Public Health Nurse
Danielle Schultz, Registered Sanitarian
Jeremiah Aigler, Registered Sanitarian
Patricia Britton, RN, Nutrition Educator
Paulette McDonald, Clerk
Claire Russell, Clerk
Sue Herring, Clerk

Home Health Employees

JoAnne Yeater, RN, Director of Home Health
Cheryl Gelbaugh, RN, Home Health Nurse
Beth Gregory, RN, Home Health Nurse
Jackie Fagan, RN, Home Health Nurse
Sue Hoepf, RN, Home Health Nurse
Nichole Johnson, RN, Home Health Nurse
Sue Culver, Clerk of Billing/Medical Records
Dionne Staley, Office Manager
Madeline Webster, Home Health Aide
Phyllis Thiel, Home Health Aide
Elaine Neiderkahr, Home Health Aide
Tamara Cook, Home Health Aide
Christina Voorheis, Home Health Aide
Jessica Dolinger, Home Health Aide
Margaret Niederkahr, Home Health Aide
Tanielle Gelbaugh, Home Health Aide

Home Health Advisory Board

Carol Beard	Carol Reed, RN
Sue Crow, RN	Dr. Herschel Rhodes
Betty Grossman, RN	Wilma Savidge, RN
Joyce Helge, RN	Martha Zimmerman

Mission Statement

The Wyandot County General Health District is dedicated to the promotion and provision of equal access to affordable preventive health and safety services in order to positively impact the health and well-being of all citizens of Wyandot County.



Wyandot County Board of Health

Front: Dr. Herschel Rhodes, retired 7/23/09; Philip Case.
Back: Mary Beth Stinehelfer, Ene Leonard,
Carolyn Clabaugh, and Dr. D.P. Smith.
Dr. Sberna (left) joined the Board of Health on 12/10/09

A Message from Your Health Commissioner and Board of Health

2009 was an exceptionally challenging but ultimately rewarding year for the Wyandot County General Health District. The Health District's successful campaign for a replacement levy, our continued response efforts to the threat of disease due to the H1N1 pandemic, and our participation in the completion of a comprehensive health assessment are just a few of the hurdles we are proud to report upon this year.

The Wyandot County Health District's most noteworthy accomplishment was our ability to maintain local financial support from the residents of Wyandot County. Never before has voter approval of our .7 mil operation levy been so critical to the maintenance of a public health safety net which protects every citizen of Wyandot County. The levy, which was originally approved in 1999, has enabled our Health District to continue to provide the basic affordable public health services expected by the general public. At the same time it adds additional services that would not be available without additional financial support. The public can experience the levy results through programs that range from home health nursing and custodial care to school nursing, immunizations, WIC nutrition and environmental safety programs. The Staff, Dr. Smith, and the Board of Health want to again express their deepest appreciation to the public for this support.

Prepare for the worst and expect the best would describe the Health District's response efforts in the spring of 2009 when the World Health Organization declared that the spread of the H1N1 virus had reached pandemic levels. Once it was clear that H1N1 had the potential to affect our local communities, the Wyandot County Health District began an immediate multi-faceted response which included educating the public regarding disease prevention, collaborating with the local medical community regarding local response efforts, and preparing for a local immunization campaign. Although the true extent to which our communities have been affected by H1N1 is immeasurable, it is our sincere hope and belief that the public health policies implemented by the Health District protected those most vulnerable to severe complications from the disease. It is anticipated that our response efforts will continue into the spring of 2010 as we continue to provide H1N1 immunizations and monitor for potential increases in H1N1 activity in our community.

In order to assure that appropriate public health and medical resources are available to citizens of Wyandot County, it is necessary to measure the health of the community. The completed 2009 Wyandot County Health Needs Assessment provides that measurement. The 2009 Health Needs Assessment, which was made possible through the collaborative support and efforts of the Wyandot County Health

Alliance, will enable the Wyandot County Board of Health to identify public health deficiencies and guide public health policy in the future. The public can view a copy of the 2009 Wyandot County Health Needs Assessment by visiting the Health Department's website at www.wyandothealth.com.

Although these were just a few highlights of our activities in 2009, we hope that you will find through the review of our annual report that the Wyandot County General Health District also continued to provide the affordable public health and

home health services that citizens of Wyandot County depend upon. As Health Commissioner and Board of Health we would like to thank our staff at the Health Department and Home Health for the outstanding devotion they have shown to the community. We would like to recognize and thank our local partnering agencies and the District Advisory Council for continuing to support the General Health District in its efforts to positively impact the health of the community.

Health Department and Home Health Combined Finances

2009 Revenue Sources

State Subsidy	\$6,575
Grants	\$363,001
Levy Receipts	\$201,110
Subdivision Receipts	\$79,809
Environmental Receipts	\$200,784
Vital Stats Receipts	\$27,527
Nursing Receipts	\$981,896
<u>Other Receipts</u>	<u>\$42,751</u>
TOTAL REVENUE	\$1,903,453

Employees By Division

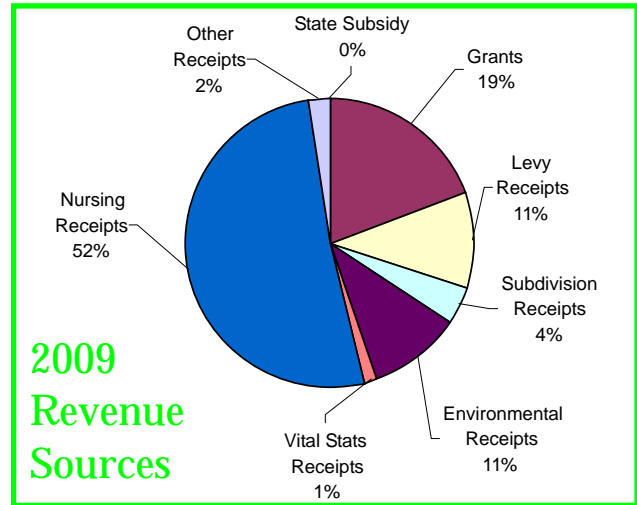
WIC	4
Home Health	15
Vital Statistics and Administration	2
Environmental Health	3
<u>Public Health Nursing</u>	<u>6</u>
TOTAL EMPLOYEES	30

2009 Accomplishments

- Levy Passed - Thank You Wyandot County!
- H1N1 Vaccine Provided Free to Public
- Health Needs Assessment Completed
- WIC Continues to Serve Record Numbers
- Medical Reserve Corps Thrives
- Home Health completed Medicare Revalidation
- Home Health completed Medicare EFT
- Home Health broke even with Expenses/Income

2009 Expenses

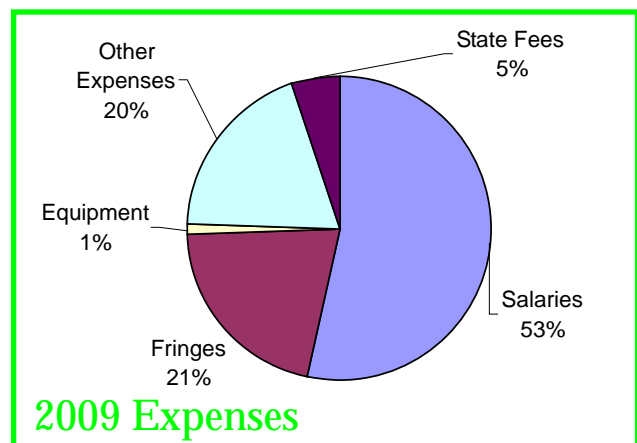
Salaries	\$952,597
Fringes	\$374,411
Equipment	\$14,526
Other Expenses	\$354,650
<u>State Fees</u>	<u>\$86,965</u>
TOTAL EXPENSES	\$1,783,150



2009 Grant Revenue

Women Infants & Children	\$123,904
Title 3B (Home Health)	\$10,916
United Way (Home Health)	\$2,085
CFHS	\$30,171
Public Health Infrastructure	\$159,277
<u>Women's Health Services</u>	<u>\$36,648</u>
TOTAL REVENUE	\$363,001

No IAP Grant Funding in 2009
Tobacco Grant changed to "Life Skills Program" and is fully funded by the Mental Health & Recovery Services Board (\$16,567.71).



Wyandot County WIC Program 2009



Pat Britton, Cindy Kraus, Sue Herring & Claire Russell

The WIC Program is a federally funded (United States Department of Agriculture) supplemental food program for pregnant, breastfeeding, post partum women, infants, and children up to age five. Three

additional criteria must be met before eligibility is determined. The participant must be a resident of Wyandot County, meet income guidelines, and have a medical or nutritional risk. The primary objective of the program is to provide nutrition education as a means of preventative health care. Participants are certified every six months. During certification they attend individual or group nutrition classes to pick up WIC coupons.

Nutritious supplemental foods are provided in addition to nutrition education. Starting October 1, 2009 the Ohio WIC Program experienced some dramatic changes in food package offerings. Cheese was eliminated from the food package and juice is no longer routinely included. These foods have been replaced with a voucher for fresh, frozen, or canned fruits and vegetables. Whole grain products including brown rice, oats, whole grain tortillas, and whole grain breads have also been added. Infants over six months of age are also eligible for four ounce jars of Beechnut infant foods. Milk, eggs, canned or dried beans, peanut butter, breakfast cereals, and infant formulas (when indicated) are still included on the WIC coupons.

Outreach efforts have been discontinued due to an ever increasing caseload because of the current economic climate. Wyandot WIC caseload ceiling for FY'09 was 639 participants per month. The average caseload during 2009 was 704. This is a 9% increase in caseload with no additional staff or clinic hours. We also continue to offer the Farmers' Market Nutrition Program to our participants. This supplemental program offers participants a packet of coupons worth \$15 that they can redeem at our local market for fresh fruits and vegetables. We distributed 74 sets of coupons this year at a market held in the Health Department parking lot. This market included recipe sharing and free taste testing. All 74 sets of coupons had been distributed within an hour of opening!

The Wyandot County WIC Program Breastfeeding Support Group meets the first Tuesday of every month at 11:00am. Any pregnant or breastfeeding woman is welcome to attend. WIC participants who are still breastfeeding and need to return to work or school are eligible for our breast pump program which offers hand or electric pumps. On staff is Cindy Kraus who is a Certified Lactation Consultant and is available to answer questions or offer assistance as needed.

2009 Vital Statistics

Births - Male	79
Births - Female	79
Twins	3
Deaths - Male	92
Deaths - Females	98
Fetal Deaths	0
Burial Permits	180
Certified Births Issued	641
Certified Deaths Issued	681

NOTE: The birth and death numbers do not include occurrences of Wyandot County residences occurring in neighboring counties or states.

Causes of Death 2009:

Accidents:

Acute combined drug intoxication -1
Asphyxiation - 1
Car - 2

Alzheimer's: 7

Cancer:

Bladder-3
Bone-1
Bowel-2
Breast-4
Cervical-1
Colon-1
Colon/liver-1
Esophageal-1
Liver-1
Lung-10
Lymph-2
Pancreatic-4
Paratid-1
Pharygeal-1

Prostate-2

Skin-1
Stomach-1
Throat-1
Uterus-1

C.V.A. Stroke: 10

Heart: 68

Other:

Acute anemia-1
Brain tumor-2
Chest contusion-1
Chronic renal failure-1
Complication of flu-1
Coronary artery disease-2
Dementia-4
Diabetes-1
Drug toxicity-1
Fracture of right femoral neck-1

Gastro intestinal bleeding-1
Head injury w/contusion & cerebral hemorrhage-1
Hypertension-7
Monoclonal gammopathy w/light chain disease-1
MRSA infection-1
Multi organ failure - 1
Multiple sclerosis-1
Pancreatic tumor-1
Perforated abdominal viscus-1
Pulmonary disease-2
Renal failure-1
Respiratory failure-13
Sepsis-3
Unknown baby-1
Urosepsis-1

Pneumonia: 7

Suicide: 4

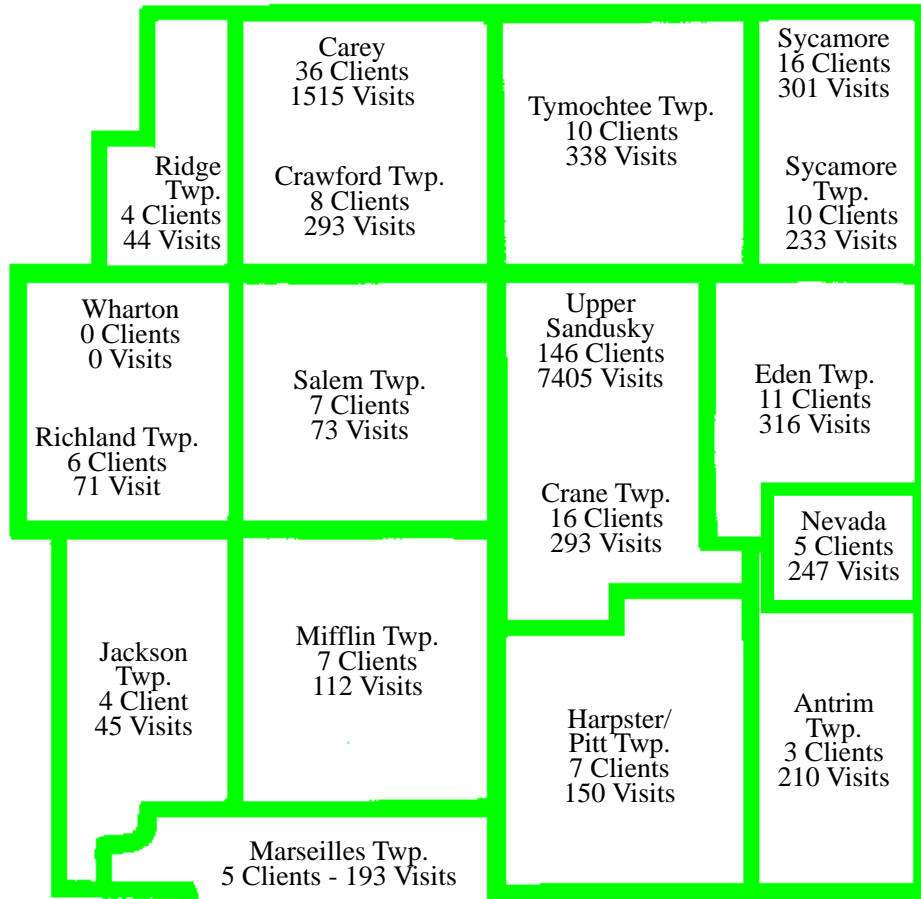
The Vital Statistics Department of Wyandot County Health Department records all births and deaths occurring in Wyandot County and forwards this information to the Bureau of Vital Statistics in Columbus, Ohio.

Certified copies are issued at \$20.00 each, of which \$3.00 is submitted to the State of Ohio for the "Prevention of Child Abuse/Child Neglect" program and \$1.50 is submitted to the State of Ohio for the "Family Violence Prevention" program. Also, \$5.00 of each certificate will be used solely toward the modernization and automation of the system of vital records in Ohio.

Wyandot County Home Health Agency

Serving Wyandot County Residents since 1966

Due to shorter hospital stays and longer life spans, the demand for home health care continues to grow. Any Wyandot County resident may be eligible for in-home health care. Services can be short-term, such as during recovery from an injury, illness, or surgery. Ongoing services would include care of a disabled or elderly person.



Other Counties:

Crawford County	3 Clients	49 Visits
Seneca County	1 Client	4 Visits

VISITS	2007	2008	2009
Nursing Visits	2990	3,122	3,449
Physical Therapy	1,146	1,089	1,424
Occupational Therapy	105	68	123
Supervised Visit	288	280	273
Home Health Aide	6,575	6,859	6,896
Total Visits	11,104	11,418	12,165
Number of Clients	287	269	305

Client ages range from 18 to 101.

Highlights of the Year in Nursing

CFHS

H1N1

All health department staff was instrumental in our pandemic flu response to residents of Wyandot County. With efforts of all health department employees, we provided the public with consistent, concise messaging in our community outreach campaign through presentations, fliers, web updates, news articles and weekly situational updates to our shareholders. Information was given to the public and medical community on emergency planning, prevention education and vaccination clinics. Vaccine clinics were initially prioritized to those in priority groups as designated by CDC. Our first H1N1 clinic held October 14 was specific for healthcare workers. Vaccination efforts expanded to a total 15 H1N1 clinics. Effective 12-14-09, CDC expanded guidelines allowing providers to vaccinate the general population. From mid-October through the end of December we administered 2,508 H1N1 vaccines. In addition to these vaccination clinics and providing current public messages, the staff completed the required communicable disease reporting responsibilities, endured continuous modifications, listened to twice weekly teleconferences with Ohio Department of Health, and entered all required vaccine data into the state H1N1 immunization program. Our pandemic response did not avert the nursing staff from participating in routine scheduled clinics and other job responsibilities.

Immunizations

Immunization up to date rate for children up to 35 months is 78%. Ohio ranks 3rd nationally with an up to date rate of 81%. Nationally this rate is 76%. WCHD was recognized by ODH Medical Director Dr. Alvin Jackson for our local vaccination efforts during his visit to the health department in December. The immunization staff will continue to strive for 90% up to date rate through-out 2010. The staff is continuously updated through CDC and or ODH for ongoing immunization guidelines and provides updates to our medical community as needed. WCHD continues to be the primary administrator of vaccines in Wyandot County.

Family Planning Clinic

The Family Planning clinic is partially funded through Women's Health Services Grant from ODH. This program provides low cost Paps, STD testing, physical exams, contraceptives and education to both women and men. Fees are based on a sliding fee scale according to income. Jenny Newman, CNP is contracted through WMH to provide these clinical exams along with clients attending Teen/Family Clinic and Breast and Cervical Cancer Program. During 2009 we worked diligently to reduce overall expenses in this clinic by researching and finding economical lab services, improved efficiency with nurse/client time and eliminating one clinic per month without sacrificing overall client satisfaction.

The CFHS grant coordinates with other community agencies in promoting healthy lifestyles for families within our community. It provides additional funding for the community health assessment which was completed during 2009. Education and outreach for all nursing programs in 2009 focused on preventing childhood obesity, improving immunization rates, lead poisoning education and promoting positive mental health. Evaluation of health department activities was completed twice during 2009.

School Nursing

School nurses are contracted for services at Angeline, Carey, Our Lady of Consolation, St. Pete, Upper Sandusky and Mohawk (hearing screens only). During 2009, nurses worked 1,266 hours in these school systems providing immunization guidance, hearing/vision/ scoliosis screening, growth and development, and puberty presentations, dental education and numerous other nursing activities and guidance to promote health and wellness to Wyandot County students and staff.

Communicable Disease Reporting

Reportable diseases increased 58% during 2009. This resulted in a greater number of nursing hours spent on reporting requirements for state mandated Ohio Disease Reporting System (ODRS) for Communicable diseases. This increase was due in part to the H1N1 pandemic along with a spike in the number of pertussis cases in Wyandot County.

Tobacco Prevention

Through funding from the Mental Health and Recovery Board registered nurses continue to implement the Life Skills program to elementary students' grades 3-4-5 in Upper Sandusky/St. Pete/OLC schools. This 10 week, evidenced based tobacco education program is in its seventh year of instruction. Prior to 2009, funding for this program was obtained through a grant from NW Ohio Strategic Alliance. We average 480 students during the school year and continue to promote the negative effects of tobacco, improve social skills, self-esteem, and decision making.

Thank You

We would like to recognize and thank Rosa Rall who does so much for our Hispanic community by acting as interpreter during the WIC, Family Planning and Immunization clinics.

We would like to recognize and thank our staff for the endless duties they filled in an effort to help fight the H1N1 Flu during 2009. Thank you all for giving your very best!

2009 Nursing Statistics

Blood Pressure Screening

Number of visits 50

Tuberculosis Control

PPD skin tests given 294

Confirmed positive cases 0

HIV Counseling/Testing

Number of completed tests 154

Lead Screening

Number of tests 65

Clients with follow-up 9 on case management
4 ODH investigation

Bureau for Children with Medical Handicaps (BCMh)

Wyandot County children served 107

Head Checks for Lice

Number of screenings 271

Clinics

Ohio Department of Health Hearing Clinics . . . 4

Number of visits 73

Number of children referred, needing

further testing/surgery 47

Family Planning Clinic, Number of visits . . . 548

Teen/Family Clinic, Number of visits 73

Breast and Cervical Cancer Project

Number of visits 17

Immunization Clinics

Upper Sandusky – Tuesday. 431

Upper Sandusky – Friday 616

Carey Clinic 187

Sycamore Clinic 21

WIC Immunizations 152

Appointment Only Clinic. 113

Other 127

Walk-In 19

Total No. of Immunization Visits 1666

Total No. of Immunizations Given 4017

Influenza Vaccine, Doses administered. 1826

H1N1 Vaccine, Doses administered 2508

2009 Environmental Stats

Environmental Health Division

The Wyandot County Health District is responsible for conducting inspection activities related to state mandated environmental health programs. Some of these programs include the licensing and inspection of food services, home sewage treatment systems, private water systems, campgrounds, manufactured home parks, public pools, and solid waste facilities. The Department also inspects schools, investigates nuisance complaints, and conducts vector borne disease testing and surveillance. Some of the significant highlights from 2009 are listed below.



Environmental Division

Radon Program Update

In 2009 the Environmental Health Division distributed over 70 free radon test kits to citizens of Wyandot County. Based upon the initial test results over, 25% of homes tested had radon levels above those recommended by the US Environmental Protection Agency. When elevated radon levels are identified in dwellings, additional testing and if necessary, abatement activities are recommended by the Health Department. In 2010 the environmental health division will again furnish free radon test kits to Wyandot County citizens. Free test kits are provided to the Health District at no cost through a grant from the Ohio Department of Health. Providing educational materials and test kits to the public is an effective way to inform individuals of the health risks associated with radon gas. Radon is a naturally occurring gas that enters buildings from the surrounding soil. Radon gas is an odorless, colorless, tasteless pollutant that's credited as the second leading cause of lung cancer in the United States. Testing is critical because it is the only way to know if a building has significant concentrations of radon.

School Inspection Program Changes

For over 50 years Health Districts have been responsible for inspecting schools to assure that there is a healthy and safe learning environment for children. In 2006 the state of Ohio enacted Jared's Law and adopted new school rules to further protect and improve the environmental health and safety within Ohio's school buildings. These new rules forced both Health Departments and School Districts to devote a considerable amount of time and resources to implement the new standards. Due to the concerns from school officials that the new standards were too costly for school districts, the requirements were rescinded by the State. In 2010 the Health District will again work closely with our local school officials to implement a new set of local school inspection standards which continue to protect and improve the environmental health and safety within local school buildings.

Smoke-free Workplace Program

Since the passage of State Ballot Issue 5, the Wyandot County Health District has actively responded to complaints regarding Smoke-free workplace violations. In 2009 the Department conducted 19 complaint investigations resulting in five notices of violations. Financially, monies received from fines and those received from the Ohio Department of Health for investigations have covered nearly all of our departmental costs for the program. In the upcoming year the Health District intends to again enter into a contract with the Ohio Department of Health to conduct enforcement activities related to Ohio Smoke-free Workplace Act and to continue to provide educational outreach to local businesses regarding the law.

Solid Waste Hauler Registration Requirements Suspended

As part of local solid waste programs, Health Districts throughout the State of Ohio registered and inspected solid waste haulers. Most local rules included a combination of safety and sanitary requirements meant to control nuisances while garbage haulers collected and then properly disposed of residential solid waste at an approved landfill. In accordance with a new 2009 Ohio Attorney General Opinion, Health Districts are no longer permitted to register solid waste haulers. Consequently, absent any future legislation granting Health Department's the authority to require the registration of haulers, the registration and the inspections of vehicles will no longer occur in Wyandot County.

Public Health Emergency Preparedness

With the initial threat of H1N1 pandemic influenza, the Wyandot County Health District spent much of the spring preparing to conduct specialized emergency response activities. These activities included creating a tracking system for the receipt and distribution of antiviral medications from the State, establishing a countywide information distribution network where citizens could receive the most up-to-date emergency public health information, and evaluating our spring 2009 H1N1 response to identify weaknesses and adjust our existing plans. Due to the continued threat of influenza activity in the spring of 2010 and the potential for future pandemic events, the Wyandot County Health District is committed to learning from and improving upon our existing response efforts.

Environmental Health Outreach

The Health Department is always willing to provide the general public and special groups with educational information regarding environmental health and emergency response topics. To schedule a speaker or discuss potential topics, contact the Environmental Health Division.

Wyandot County Medical Reserve Corps Development

Three years ago, the Wyandot County Health District as part of our emergency volunteer planning activities formed the Wyandot County Medical Reserve Corps Unit. The purpose of forming a local unit was to provide additional support to our medical community during time of disaster. To-date the Wyandot County Medical Reserve Corp has grown to include 64 members. This includes physicians, nurses, and non-medical volunteers who are all willing to donate their time to assist the public during a disaster. Members are encouraged to participate in semiannual training meetings and are provided with quarterly newsletters regarding current volunteer opportunities and events. Recently, with the occurrence of H1N1 flu, individuals from the Wyandot County Medical Reserve Corps were called upon to provide support to our local immunization efforts. During the 2009 H1N1 response, local MRC members donated over 60 hours of their time in order to assist with vaccinations, clinic support, as well as other vital public health activities. The Wyandot County Health District wishes to extend a thank you to the Wyandot County Medical Reserve Corps for their recent support and looks forward to a continued partnership in the future. Anyone interested in becoming a Wyandot County Medical Reserve Corp member is encouraged to contact the Wyandot County Health Department.



Heroes aren't born

2009 Environmental Health Statistics

Food Service Program	Household Sewage Program
Food service inspections 452	New Home Site Evaluations 3
Food program consultations. 267	Septic Permits Issued 19
Food Service Plan Review. 3	Septic Operational Permits Issued 29
	Septic System Inspections 62
General Environmental Health	Septic System Finals 15
Regional Planning Inspections 51	Septic Hauler Inspections 9
School/Jail Inspections 17	Septic Realty Evaluation 7
Nuisance Complaints/Inspections 151	Combined Sewage Consultations 258
Animal Bite Reports 38	
Rabies Specimens Tested. 20	Private Water System Program
Mosquito Traps Set 6	Water Samples Taken 122
Combined General Consultations 192	Well Permits Issued. 48
	Well Inspections/Finals. 91
Recreational Inspection Program	Water Realty Inspection 6
Public Pool Inspections. 28	Water Hauler Inspections 1
Campground Inspections 10	Well Consultations 132
Mobile Home Park Inspections 14	
Combined Recreational Consultations 58	Emergency Response Activities
	Emergency Response Consultations 58
Solid Waste Program	Emergency Response Meetings/Training 50
Landfill Inspections 28	
Compost Facility Inspections 2	Other Environmental Activities
Infectious Waste Inspections. 3	Radon Test Kits Disbursed 73
Garbage Hauler Inspections 14	Indoor Air Quality Consultations 98
Other Solid Waste Activities. 7	Media Advisories Issued/Provided 497
Combined Solid Waste Consultations 51	

*Working Together
To Keep You Healthy*



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