



Wyandot County General Health District
2010 Annual Report

Governing Body

Donald P. Smith, M.D., Health Commissioner
retired 12/31/10
Keri S. Harris, M.D., Health Commissioner
appointed 1/1/11
Mary Beth Stinehelfer, President
Joseph Sberna, M.D., Vice President
Ene Leonard, Board Member
Philip Case, Board Member
Carolyn Clabaugh, Board Member

Health Department Employees

Barbara Mewhorter, Administrator/Fiscal Officer
Jeffrey Ritchey, RS, Dir. of Environmental Health
Darlene Steward, RN, Director of Nursing
Cynthia Kraus, RN, Director of WIC
Carol Stephan, Admin. Assistant, Registrar
Elizabeth McDougale, BSN, Public Health Nurse
Joan Kincade, RN, Public Health Nurse
Elizabeth Bower, RN, Public Health Nurse
Melissa Bianchi, RN, Public Health Nurse
Danielle Schultz, Registered Sanitarian
Jeremiah Aigler, Registered Sanitarian
Laura Hoepf, LPN, Public Health Nurse
Courtney Kurth, WIC Peer Helper
Paulette McDonald, Clerk II
Claire Russell, Clerk II
Sue Herring, Clerk II

Home Health Employees

JoAnne Yeater, RN, Director of Home Health
Cheryl Gelbaugh, RN, Home Health Nurse
Beth Gregory, RN, Home Health Nurse
Jackie Fagan, RN, Home Health Nurse
Sue Hoepf, RN, Home Health Nurse
Nichole Johnson, RN, Home Health Nurse
Sue Culver, Clerk of Billing
Dionne Staley, Administrative Assistant
Madeline Webster, STNA, Nurse Aide
Phylis Thiel, STNA, Nurse Aide
Elaine Neiderkahr, STNA, Nurse Aide
Tamara Cook, STNA, Nurse Aide
Christina Voorheis, STNA, Nurse Aide
Jessica Dolinger, STNA, Nurse Aide
Margaret Niederkahr, STNA, Nurse Aide
Kristen Kieffer, STNA, Nurse Aide

Home Health Advisory Board

Carol Beard	Carol Reed, RN
Sue Crow, RN	Dr. Herschel Rhodes
Betty Grossman, RN	Wilma Savidge, RN
Joyce Helge, RN	Martha Zimmerman

Mission Statement

The Wyandot County General Health District is dedicated to providing health and safety services that positively impact the well-being of all citizens of Wyandot County.



Dr. D.P. Smith
Retired 12/31/10



Wyandot County Board of Health

Front: Philip Case, Ene Leonard, Carolyn Clabaugh
Back: Mary Beth Stinehelfer, Dr. Keri Harris, and Dr. Joseph Sberna

Health Commissioner Message

I am happy to report that 2010 was another challenging but rewarding year for public health, as is evident from a review of our annual statistics. In addition to the fact that the Wyandot County Health District has been fortunate enough to maintain our public health services during a turbulent economy, I'm particularly happy to report on the completion of the first ever Wyandot County Health District Strategic Plan.

As with any public agency, it is essential that the programs offered are evaluated to assure that they meet the current needs of the community. It is also important to identify where gaps in services exist so that adjustments can be made to assure future needs are met. The Health District's strategic planning process did just that. As part of the Strategic Planning process we evaluated the programs and services offered by the health district to assure they address our true mission of providing quality health and safety services that positively impact all citizens of Wyandot County. In addition to assuring that our current programs meet the community's needs, we examined the 10 essential services of Public Health. These essential services are national standards that Health Districts are encouraged to meet in order to identify any potential gaps in programs. The Health District's efforts resulted in the completion of a five-year goal-based plan that focuses on agency priorities which positively affect the health of our citizens. I encourage those interested in reviewing our Strategic plan to visit the "about us" section of our website at www.wyandothealth.com.

This being my last annual report, I would like to take the opportunity to thank the Board of Health, Health District Advisory Council, employees of the Health Department and Home Health, and most importantly the citizens of Wyandot County for their continued support of the Wyandot County General Health District. Without local support the Wyandot County Health District could never accomplish its mission of providing quality health and safety services that positively impact all citizens of Wyandot County. I'd also like to wish Dr. Keri Harris, the new Health Commissioner, luck as she leads the Wyandot County Health District in the future.

A Message from the Board of Health

The Board of Health is pleased to report that even with the current economic conditions, our programs remain strong. With unemployment rates over 10% in our county, citizens should find comfort in knowing no one is refused service because of their economic status. Our employees strive to provide exemplary care to all who visit our offices and might be seeking service from one of our five divisions: Environmental Health, Home Health, Public Health Nursing, Vital Statistics, or WIC.

The Board members and Health Commissioner would like to thank the District Advisory Council, community health partners, agencies and constituents for their support. Passage of the 2009 levy assured that health issues we all face daily such as; safe drinking water, food safety, control and reporting of diseases are well managed. Reducing nuisances, homemaker and personal care to the sick or elderly, car safety for children, immunizations, school nursing, family planning, community health assessments and a multitude of other programs will all continue thanks to you.

December 31, 2010, after 8 years as Health Commissioner and Medical Director Dr. D.P. Smith retired. The District benefitted greatly from his professionalism in both the medical and business fields. We truly appreciate his contributions, and look forward to working with his appointed successor, Dr. Keri Harris. She received her Doctorate of Medicine in 2002 from the Ohio State University College of Medicine and Public Health. In 2006, she established a private practice in the Medical Office Building at Wyandot Memorial Hospital. She

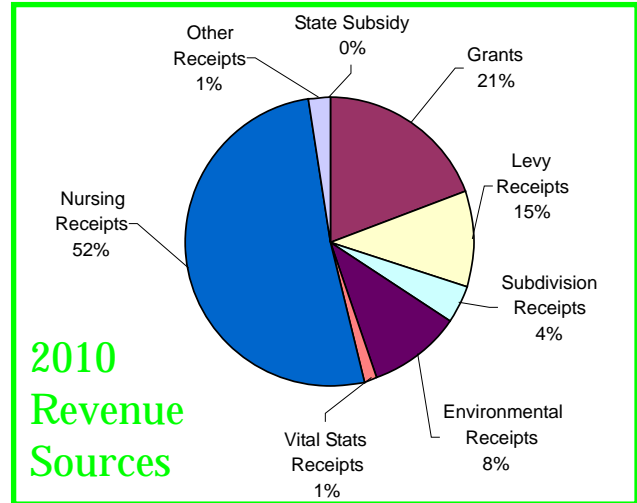
is passionate about positively impacting health services available to our community.

The Board of Health remains fervently committed to serving our community. We will continue to guide our staff in providing exceptional care, monitoring, educating, and assisting everyone in the most affordable and efficient manner. We take our roll as defender of community health very seriously and are dedicated to providing it in a fiscally responsible manner. We look forward to serving you in 2011!

Health Department and Home Health Combined Finances

2010 Revenue Sources

State Subsidy	\$4,012
Grants	\$463,956
Levy Receipts	\$329,107
Subdivision Receipts	\$79,809
Environmental Receipts	\$167,576
Vital Stats Receipts	\$29,648
Nursing Receipts	\$1,082,743
<u>Other Receipts</u>	<u>\$31,234</u>
TOTAL REVENUE	\$2,188,085



Employees By Division

Environmental Health	3
Home Health	17
Public Health Nursing	7
Vital Statistics and Administration	2
<u>WIC</u>	<u>4</u>
TOTAL EMPLOYEES	33

2010 Grant Revenue

CFHS Grant	\$22,105
IAP Grant	\$14,041
MRC Grant	\$5,000
PHEP/PHER Grant	\$211,427
Radon Grant	\$1,881
Title 3B Grant	\$8,140
WIC Grant	\$165,960
<u>Women's Health Services Grant</u>	<u>\$35,402</u>

TOTAL GRANTS **\$463,956**

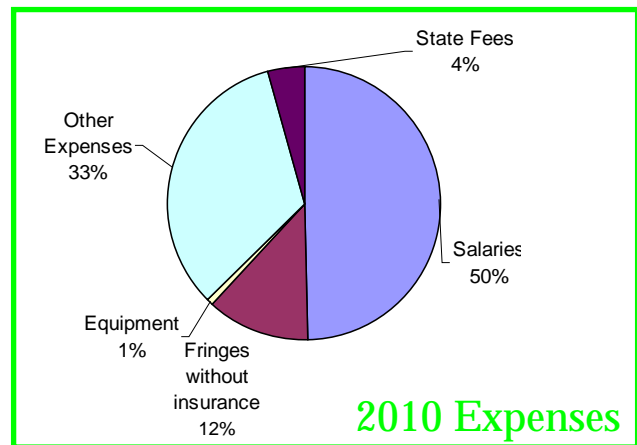
Note: The LifeSkills Program cost \$21,787.66 is fully funded by the Mental Health & Recovery Services Board Levy

2010 Accomplishments

- Environmental Health; new brochures for all programs, offers free Radon Testing, puts the District on Facebook
- Health District Strategic Plan completed
- Home Health; exemplary ODH Medicare survey
- Public Health Nursing immunization clients up by 12%
- Nursing grants awarded without special conditions
- Vital Statistics now has Local Insurance Statewide Access
- WIC now provides fruits, vegetables and whole grain foods to improve the health of program participants

2010 Expenses

Salaries	\$1,065,804
Fringes without insurance	\$253,940
Equipment	\$14,779
Other Expenses	\$716,031
<u>State Fees</u>	<u>\$87,153</u>
TOTAL EXPENSES	\$2,137,707



Wyandot County WIC Program 2010



WIC Staff: Claire Russell, Sue Herring, Courtney Kurth, Melissa Bianchi, RN, and Cindy Kraus, RN.

WIC is the Special Supplemental Nutrition Program for Women, Infants, and Children. WIC works by providing nutrition education and specific foods to pregnant women, breastfeeding women, post-partum women, and children to age 5.

Breastfeeding is encouraged as the normal and healthiest feeding method for all babies. The Wyandot County WIC Program hosts a breastfeeding support group the first Tuesday of every month at 11:00am. In 2010 an average of 630 Wyandot County residents were receiving WIC benefits each month.

WIC is funded through the United States Department of Agriculture. Approximately \$423,899 in federal tax dollars were returned to Wyandot County in food and assistance to WIC participants during 2010. Participants redeemed \$286,668 worth of WIC coupons at Wyandot County grocery stores. The WIC food package changed significantly October 1, 2010. Some foods were eliminated for some participants and replaced with a fruit and vegetable voucher and a whole grain component. These changes were made at the federal level in an effort to minimize the increase in childhood obesity. WIC staff also passed out 99 sets of Farmers' Market Nutrition Program coupons worth \$15.00 per set. These coupons were redeemed at eligible farm markets and farm stands in Wyandot County. USDA, through the Ohio Department of Health, provided \$135,746 in grant funds to meet the expenses of administering the WIC program to Wyandot County residents.

The Wyandot County WIC staff works closely with many partnering agencies to insure that WIC participants are receiving the services they need to promote healthy life styles for their families. We refer participants to Immunization Clinic, lead screening, car seat program, Help Me Grow, BCMH, Department of Job and Family Services, Head Start, OSU Extension, voter registration, and many other agencies. Public health staff nurses are available during all WIC Clinic hours to insure that participants are up to date with immunizations.

WIC Services are available Tuesday, Wednesday, and Thursday at the Wyandot County Health Department. Evening and lunch hours are available by appointment. Upper income limits for the WIC Program are generous and increase with family size. Potential participants qualifying for Medicaid qualify for WIC. Funding is provided to serve all eligible participants. WIC serves traditional as well as non-traditional families. Translators are available for Spanish speaking participants.

If you have any questions about WIC please call Director, Cindy Kraus, RN, CLC at 419-294-3341.

2010 Vital Statistics

Births - Male	59
Births - Female	64
Deaths - Male	90
Deaths - Females	92
Burial Permits	173
Certified Births Issued	521
Certified Deaths Issued	633

NOTE: The birth and death numbers do not include occurrences of Wyandot County residences occurring in neighboring counties or states.

Causes of Death 2010:

Accidents:

- Burns - 1
- Car - 7
- Drug overdose - 1
- Fall - 2

Alzheimer's: 8

Cancer:

- Anal - 1
- Breast - 3
- Breast & ovarian - 1
- Colon - 10
- Endometrial - 1
- Liver - 1
- Lung - 10
- Lymph - 2
- Ovarian - 1
- Pancreatic - 3
- Prostate - 1
- Small cell - 1

Thyroid - 1

Vulva - 1

C.V.A. Stroke: 8

Heart: 58

Other:

- Acute renal failure - 1
- Cachexia - 1
- Chronic destructive airway disease - 1
- Cirrhosis of liver - 2
- Collapsed lung - 1
- Coronary artery disease - 1
- Dementia - 6
- Diabetes - 1
- Extreme prematurity - 1
- Failure to thrive - 4
- Gastrointestinal bleeding - 1
- Hepatic - 1

- Hepatic dysfunction - 1
- Huntington chorea - 1
- Hypoxia - 1
- Intra-cerebral hemorrhage - 3
- Kidney failure - 1
- Leukemia - 1
- Liver failure - 1
- Multisystem organ failure - 2
- Osteoporosis - 1
- Parkinson - 1
- Partial bowel obstruction - 1
- Pulmonary embolism - 2
- Renal failure - 6
- Respiratory failure - 8
- Sepsis - 2

Pending: 1

Pneumonia: 3

Suicide: 3

The Vital Statistics Department of Wyandot County Health Department records all births and deaths occurring in Wyandot County and forwards this information to the Bureau of Vital Statistics in Columbus, Ohio.

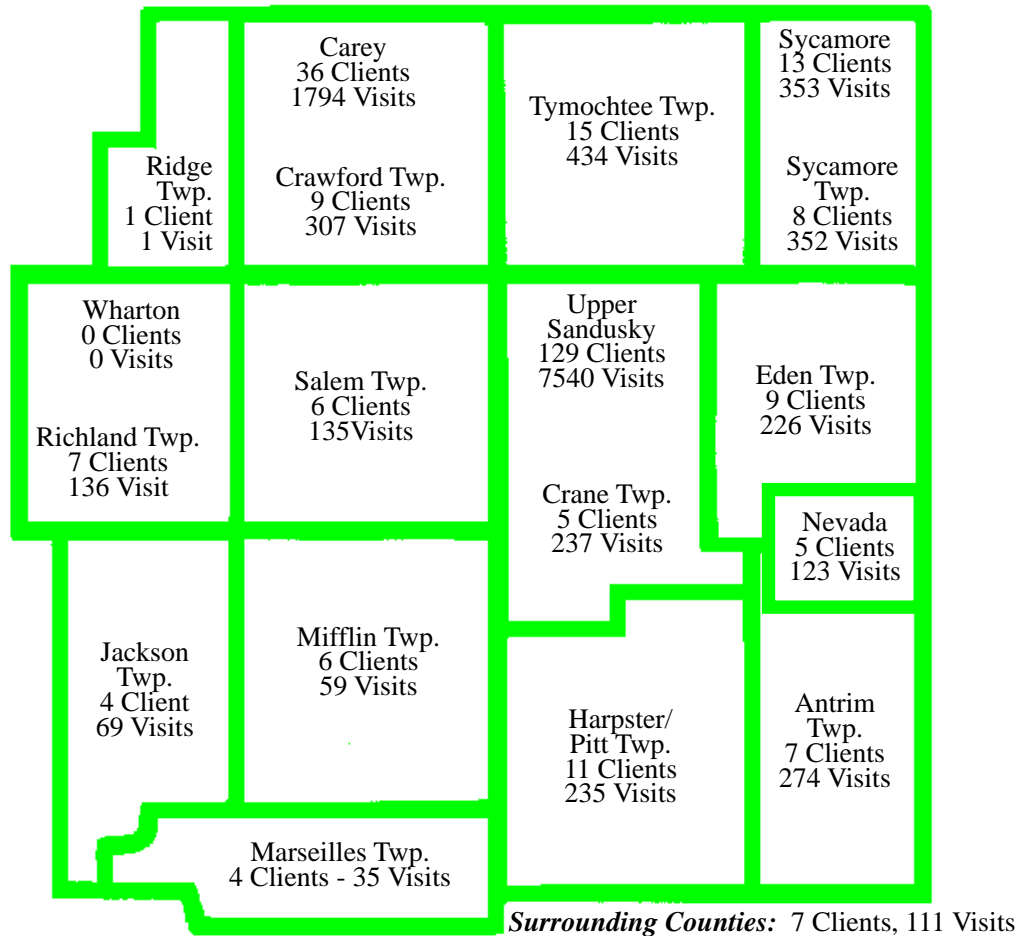
Certified copies are issued at \$20.00 each, of which \$3.00 is submitted to the State of Ohio for the "Prevention of Child Abuse/Child Neglect" program and \$1.50 is submitted to the State of Ohio for the "Family Violence Prevention" program. Also, \$5.00 of each certificate will be used solely toward the modernization and automation of the system of vital records in Ohio.

Wyandot County Home Health Agency

Serving Wyandot County Residents since 1966

Wyandot County Home Health has been serving the residents of Wyandot County for 44 years, providing nursing, therapy, and aide services. The agency is Medicare Certified. During the 2010 Medicare Program re-certification survey, the agency was congratulated for exemplary operation by the Ohio Department of Health as no deficiencies were found. Registered Nurses, Home Health Aides, and Office personnel are employed by Wyandot County Home Health. The agency contracts with MidAmerican Therapy for therapy services.

Statistical Data



<i>VISITS</i>	<i>2007</i>	<i>2008</i>	<i>2009</i>	<i>2010</i>
Nursing Visits	2990	3,122	3,449	3,232
Physical Therapy	1,146	1,089	1,424	1,646
Occupational Therapy	105	68	123	152
Supervised Visit	288	280	273	260
Home Health Aide	6,575	6,859	6,896	7,391
Total Visits	11,104	11,418	12,165	12,681
Number of Clients	287	269	305	282

Client ages range from 18 to 102.

Highlights of the Year in Nursing

Immunizations

Immunizations are a vital link in communicable disease control. Vaccines are constantly changing and keeping up with these changes can be challenging. The health department is "the primary" administrator of vaccines for residents of Wyandot County. Vaccines are available for children, teens, and adults. We are affiliated with ODH Adult Hepatitis B Program and several Patient Assist Programs that offer qualifying individuals specific vaccines, paying only the cost of administration. We have been associated with Tuscarawas County's Delegation of Authority for over two years that allows expansion of VFC provided vaccine to a wider range of children. The Immunization Action Plan Grant provides funding for an educational program specific for medical providers, their staff and health department immunization staff to remain current on the numerous vaccine changes and a focus for all children to be up to date by 24 months of age. Our latest up to date rate was 81% in December. This is a 3% increase from the same time last year, becoming closer to the state of Ohio's goal of 90%.

Communicable Disease Reporting

Public health is about prevention of communicable disease. Public health nurses are responsible for following state mandated requirements for ODRS (Ohio Disease Reporting System). During 2010 there were 99 confirmed cases of communicable diseases that were reported and case investigation completed. Additional cases were reported and after investigation were found not to be a case or transferred to another county where case resided. The majority of Wyandot County cases were Sexually Transmitted Diseases.

Family Planning Clinic

The Family Planning Clinic is partially funded through the Women's Health Services Grant. This program provides confidential, low-cost physical exams, cancer screening, STD screening and treatment, contraceptive prescriptions, and HIV counseling and testing to both men and women. Fees are based on client income utilizing a sliding fee scale of 100% of poverty guidelines. All clients are educated on disease and pregnancy prevention, nutrition, and healthy lifestyle choices. Jenny Newman, Certified Nurse Practitioner is contracted through Wyandot Memorial Hospital to administer these clinical exams in addition to clients attending our Teen/Family Clinic.

CFHS Grant

The CFHS (Child Family Health Services) Grant focuses on community efforts to improve the health status of women and

children. Our efforts include community partnership building, completion of quality assurance activities and Child Fatality Review Board activities. Educational presentations are provided to families to promote nutrition, decrease lead poisoning, reduce infant mortality, and train staff to effectively recognize mental health issues in our clients and refer appropriately. Nursing staff participated in numerous countywide outreach activities such as Teddy Bear Clinic, Family Fun Fair, Carey Health Fair, and Wyandot County Fair through utilization of this grant fund.

School Nursing

Public Health Nurses contract for school nursing services in Angeline, Carey, Our Lady of Consolation, Upper Sandusky, St. Pete, and Mohawk (hearing screens only) Schools. School nurses worked 1,619 hours during the 2010 school year. These nurses are responsible for hearing, vision, scoliosis screenings, growth and development and puberty presentations, dental education, nutritional education, tobacco prevention education and immunization guidance as directed by ODH. Bloodborne pathogen education is provided to all school personnel at the start of the school year. Our school nurses act as an invaluable health information resource to school families and staff.

BCMH

The BCMH (Bureau for Children with Medical Handicaps) is a state program that assists parents with their child's special health care needs. BCMH consists of two parts. One is the *diagnostic program* where a PHN refers a child to a BCMH physician and the child receives diagnostic testing to confirm medical condition. All children are eligible for the diagnostic program regardless of income. Part two is the *treatment program*. Once a child's diagnosis is confirmed, BCMH looks at the parents eligibility based on the diagnosis and parent income. During 2010, 110 BCMH children were active; 83 on treatment plan; 15 on diagnostic services; 4 on service coordination; and 10 children on HMG/PHN coordination.

H1N1

H1N1 efforts were ongoing during 2010. Nursing staff participated with numerous H1N1 vaccine clinics, administering an additional 780 vaccines. Activities focused on county surveillance, reporting, collaboration with Wyandot Memorial Hospital, medical providers, and ODH and community education through the end of the pandemic.

2010 Nursing Statistics

Immunization Clinics

Tuesdays Clients	493
Fridays Clients	729
Carey Clients	171
Appointment Clients	166
WIC Immunization Clients	107
Other	218
Walk In Clients	16
Total Clients	1900
Total Vaccine Doses Administered	4308

Seasonal Influenza Vaccine: Doses administered. . . 1497

H1N1 Vaccine: Doses administered 780

Family Planning Clinic: Number of visits 362

Teen/Family Clinic: Number of visits. 66

Breast and Cervical Cancer Project: Number of visits. 11

HIV Counseling and Testing. 138

Lead Testing 66

 Clients with follow-up . 4 on Case Management

Head Checks for Lice 722

Ohio Department of Health Hearing Clinics . . 3

 Number of clients 46

 Number of children referred for additional

 testing/surgery 25

Car Seat Program

 Number of Inspections 3

 Number of Cars 44

 Number of Car Seats Inspected 75

 Number of Car Seats Replaced 49

Tuberculosis Control

 PPD skin test administered 241

 Confirmed positive cases 0

2010 Environmental Stats

Environmental Health Division

The Wyandot County Health District is responsible for conducting



Environmental Division

inspection activities related to state mandated environmental health programs. Some of these programs include the licensing and inspection of food services, home sewage treatment systems, private water systems, campgrounds, manufactured home parks, public pools, and solid waste facilities. The Department also inspects schools, investigates nuisance complaints, and conducts vector borne disease testing and surveillance. Some of the significant highlights from 2010 are listed below.

Sewage Program

In 2010 the Health District issued 12 new septic system installation permits at an average installation price of \$9500 per system. Contrary to popular belief, most systems installed were traditional leach and tile fields and not mound systems. Health Department staff continues to work closely with property owners and septic contractors to help design the most cost effective home sewage treatment systems for their new homes.

On September 17, 2010, the Ohio General Assembly adopted changes to Ohio's Sewage law. Under the requirements new household sewage treatments rules are to be drafted and become effective on or after January 1, 2012. In addition, the law specifies that existing sewage treatment systems are considered approved unless they are creating a public health nuisance, that repair of malfunctioning systems are acceptable, and emphasizes the importance of on-going system maintenance. The current Wyandot County Board of Health Sewage Regulations and current state rules will remain in effect until the new state rules are implemented.

Radon Program Update

Radon is a naturally occurring gas that enters buildings from the surrounding soil. Radon gas is an odorless, colorless, tasteless pollutant that's credited as the second-leading cause of lung cancer in the United States. In 2010 the environmental health division distributed over 200 free radon test kits to citizens of Wyandot County. Free test kits are provided to the Health District at no cost through a grant

from the Ohio Department of Health. Providing educational materials and test kits to the public is an effective way to inform individuals of the health risks associated with radon gas. Testing is critical because it is the only way to know if a building has significant concentrations of radon. In 2011 the environmental health division will again furnish free radon test kits to Wyandot County citizens.



Mercury Collection Program

Since 2005 the Wyandot County Health Department has served the community as a collection point for mercury containing products. Over those five years the Department collected items, which included hundreds of fever thermometers, thermostats, and miscellaneous containers of mercury at no cost to the public. This service helped to protect our citizens from the effects of unintentional mercury spills in homes, those being both the high cost of clean-up and the potential health effects associated with long-term exposure to mercury vapors. All of the mercury collected at the Health Department was ultimately disposed of for free through the Bowling Green State University. Unfortunately in December 2010, due to fiscal reasons, the Bowling Green State University ceased to offer mercury recycling services; consequently, at this time the Health Department has ceased accepting products containing mercury. The Health Department is currently looking for another affordable disposal option for mercury in hopes of continuing to offer the services in the future.

Rabies Program

Due to concerns with rabies, Health Departments are required to investigate every instance in which an animal bites a human. As part of the investigation, owners are required to quarantine pets, or in the case of a wild animal bite, sacrifice the animal for testing. In addition owners are required to vaccinate their cats, dogs, and ferrets, if their current rabies vaccination is not up-to-date, prior to the animal being released from quarantine. In 2010 the Health District revamped its rabies program by creating and providing



additional rabies literature to better educate animal owners regarding their responsibilities associated with the quarantine and vaccination of their pets. Changes made to the program have significantly improved the Health Department's rabies program.

Healthy Homes Project

It is estimated that almost 90% of our lifetime is spent indoors; consequently, assuring a healthy home environment is essential to our happiness and well-being. In order to promote public awareness of air quality and safety issues associated with indoor environments, the Health Department has developed a new pamphlet and resource list to educate and assist homeowners. Information, which includes topics related to general indoor air quality, mold, radon and lead to name a few, along with information on where to obtain additional resource information, can be found in our new brochure. A copy of the brochure is available on our website or by calling the Health Department.

Public Health Emergency Preparedness

Plan, Prepare, and Respond continued to reflect the Health District's emergency response activities in 2010. Our primary actions included responding to the continued threat of H1N1 influenza through the vaccination of the community, conducting evaluations of our H1N1 response, continuing to educate the general public regarding their need to prepare for emergencies at home, and updating our existing Health District Emergency Response Plans. With residual pandemic influenza funding from the federal government, the Health District will spend much of 2011 continuing to update and exercise our existing emergency response mass vaccination and prophylaxis plans to assure readiness if another pandemic event occurs.



Environmental Health Outreach

The Health Department is always willing to provide the general public and special groups with educational information regarding environmental health topics. Past topics have included emergency response preparedness at home, pandemic influenza, and food safety. To schedule a speaker or discuss potential topics, contact the Environmental Health Division.

2010 Environmental Health Statistics

Food Service Program

Food service inspections	500
Food program consultations	224
Food Service Plan Review	1

General Environmental Health

Regional Planning Inspections	26
School/Jail Inspections	21
Nuisance Complaints/Inspections	105
Animal Bite Reports	47
Rabies Specimens Tested.	4
Mosquito Traps Set	21
Combined General Consultations	260

Recreational Inspection Program

Public Pool Inspections	30
Campground Inspections	9
Mobile Home Park Inspections.	7
Combined Recreational Consultations	39

Solid Waste Program

Landfill Inspections	38
Compost Facility Inspections.	5
Infectious Waste Inspections	4
Other Solid Waste Activities	6
Combined Solid Waste Consultations.	77

Household Sewage Program

New Home Site Evaluations	5
Septic Permits Issued	14
Septic Operational Permits Issued	30
Septic System Inspections.	34
Septic System Finals	16
Septic Hauler Inspections	9
Septic Realty Evaluation	4
Combined Sewage Consultations	314

Private Water System Program

Water Samples Taken	109
Well Permits Issued	43
Well Inspections	79
Water Realty Inspection	7
Water Hauler Inspections.	2
Well Consultations	162

Emergency Response Activities

Emergency Response Consultations	63
Emergency Response Meetings/Training	23

Other Environmental Activities

Radon Test Kits Disbursed.	204
Indoor Air Quality Consultations	187
Media Advisories Issued/Provided	174

*Working Together
To Keep You Healthy*



Wyandot Co. Health Dept.

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Wyandot Co. Home Health Agency

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