



*Wyandot County General Health District
2008 Annual Report*

Governing Body

Donald P. Smith, M.D., Health Commissioner
Carolyn Clabaugh, President
Mary Beth Stinehelfer, Vice President
Philip Case, Board Member
Ene Leonard, Board Member
Dr. Herschel Rhodes, Board Member

Health Department Employees

Barbara Mewhorter, Administrator
Jeffrey Ritchey, RS, Director of Env. Health
Darlene Steward, RN, Director of Nursing
Cynthia Kraus, RN, CLC, Director of WIC
Carol Stephan, BBA, Admin. Asst., Registrar
Paulette McDonald, Clerk
Claire Russell, Clerk
Sue Herring, Clerk
Patricia Britton, RN, Nutrition Educator
Elizabeth Bower, RN, Public Health Nurse
Joan Kincade, RN, Public Health Nurse
Elizabeth McDougale, BSN, School Nurse
Danielle Schultz, Registered Sanitarian
Jeremiah Aigler, Registered Sanitarian
Jean Aller, RN, Dir. of Nursing (resigned 5/30/08)
Beth Gabriel, Clerk (resigned 10/24/08)
Ruth Reier, RN, Public Health Nurse
(resigned 12/18/08)

Home Health Employees

JoAnne Yeater, RN, Director of Home Health
Cheryl Gelbaugh, RN, Home Health Nurse
Beth Gregory, RN, Home Health Nurse
Jackie Fagan, RN, Home Health Nurse
Sue Hoepf, RN, Home Health Nurse
Nichole Johnson, RN, Home Health Nurse
Sue Culver, Clerk of Billing/Medical Records
Dionne Staley, Office Manager
Cathy Balliet, Home Health Aide
Jenny Cole, Home Health Aide
Madeline Webster, Home Health Aide
Phyllis Thiel, Home Health Aide
Elaine Neiderkahr, Home Health Aide
Tamara Cook, Home Health Aide
Rachel Leonard, Home Health Aide
Christina Voorheis, Home Health Aide
Amber Kennedy, Home Health Aide

Home Health Advisory Board

Carol Beard
Sue Crow, RN
Betty Grossman, RN
Joyce Helge, RN
Carol Reed, RN
Dr. Herschel Rhodes
Wilma Savidge
Martha Zimmerman

Mission Statement

The Wyandot County General Health District is dedicated to the promotion and provision of equal access to affordable preventive health and safety services in order to positively impact the health and well-being of all citizens of Wyandot County.



Wyandot County Board of Health

Front Row: Dr. Herschel Rhodes, Philip Case
Back Row: Mary Beth Stinehelfer, Ene Leonard,
Carolyn Clabaugh, and Dr. D.P. Smith,

A Message from the Health Commissioner

Public health involves surveillance, prevention, clinical service, enforcement and education. We also provide nursing, therapy and living care in the home setting through Home Health care.

We play a role in protecting, promoting, and maintaining the health of our community. In order to best protect your health, we reach beyond the physician and hospital setting by fulfilling functions that assess community health needs, develop and implement health education programs, providing health services, like vaccinations, screenings, and clinics to the under-insured and non-insured. We enforce policies and regulations that impact health and mobilize community efforts to prepare for acts of terrorism on local, state, and national levels.

Public Health covers health issues you face in everyday life, like safe drinking water or ensuring the safety of food at local restaurants and at the county fair. Public Health also has a role in preventing injuries, monitoring the leading causes of death, and investigating and preventing the spread of disease.

Public Health has made dramatic strides in improving community health, but that would not have been possible without assistance from local health care professionals and partnering agencies to which we express our gratitude. Thank you for supporting health foundations in your community!

2008 Board of Health Message

As 2008 came to a close the Board of Health realized how important it was for us to communicate with the community and explain how the Health Department and Home Health touch all of your lives on a daily basis. Many of our tasks are of particular importance to families who have found themselves financially challenged due to the recent downturn in the economy.

Our programs are concerned with areas such as: car safety, control and reporting of diseases, family planning and contraception, Home Health and therapy care, homemaker aide assistance, teaching children skills to resist tobacco and drugs, improving the health of mothers and babies, reducing children's death rates, safer and healthier foods, safer workplaces, safer water, and vaccinations (shots).

The Board of Health wishes to recognize and thank our local partnering agencies and the District Advisory Council for continuing to support the General Health District in its efforts to positively impact the health of the community.

Health Department and Home Health Combined Finances

2008 Revenue Sources

State Subsidy	\$6,950
Grants	\$342,097
Levy Receipts	\$270,883
Subdivision Receipts	\$79,809
Environmental Receipts	\$188,923
Vital Stats Receipts	\$27,972
Nursing Receipts	\$796,245
<u>Other Receipts</u>	<u>\$113,607</u>
TOTAL REVENUE	\$1,826,488

Employees By Division

WIC	4
Home Health	17
Administration	1
Vital Statistics	2
Environmental Health	3
<u>Public Health Nursing</u>	<u>7</u>
TOTAL EMPLOYEES	34

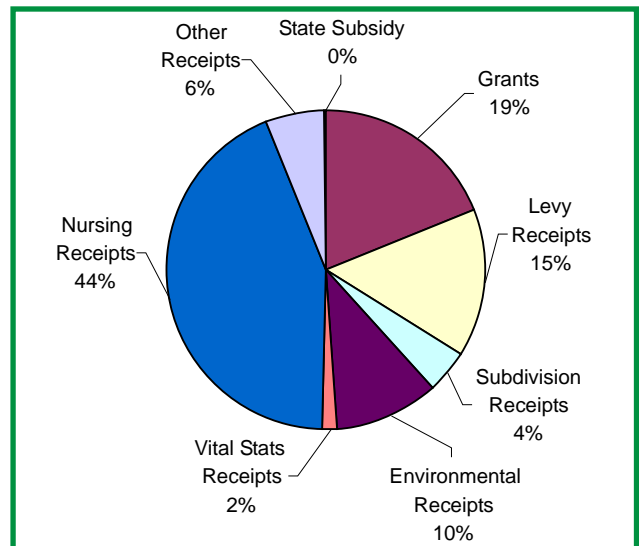
2008 Accomplishments were: . . .

- Strategic planning & program reviews continued
- Medical Reserve Corps established
- WIC serves record numbers
- Health Department serves record numbers
- Home Health broke even with expenses/income
- Home Health contracted with third party payer to increase private insurance client numbers

2008 Expenses

Salaries	\$1,028,013
Fringes	\$387,945
Equipment	\$5,460
Other Expenses	\$305,741
<u>State Fees</u>	<u>\$89,777</u>
TOTAL EXPENSES	\$1,816,936

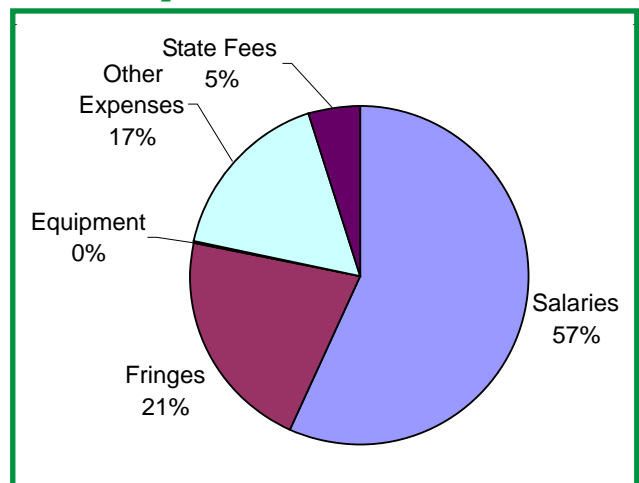
2008 Revenue Sources



2008 Grant Revenue

Women Infants & Children	\$118,743
Title 3B (Home Health)	\$9,014
United Way (Home Health)	\$3,765
CFHS	\$26,254
Solid Waste	\$0
Public Health Infrastructure	\$106,560
Tobacco Grant	\$7,312
Immunization Action Plan	\$24,700
<u>Women's Health Services</u>	<u>\$45,749</u>
TOTAL REVENUE	\$342,097

2008 Expenses



Wyandot County WIC Program



Pat Britton, Cindy Kraus, Sue Herring & Claire Russell

The WIC Program is a federally funded (USDA) supplemental food program for pregnant, breastfeeding, or postpartum women, infants, and children up to age five. Three additional criteria must be met before eligibility is determined. The participant must be a resident of Wyandot County, meet income guidelines, and have a medical or nutritional risk. The primary objective of the program is to provide nutrition education as a means of preventative medicine. Participants are certified every 6 months. During certification they attend individual or group nutrition classes to pick up coupons.

Nutritious supplemental foods are provided in addition to nutrition education. Participants are issued coupons, which they can redeem at local grocery stores. Coupons provide infants with iron fortified formula, infant cereal, and fruit juice. Women and children receive coupons for milk, cheese, peanut butter, dry beans, eggs, breakfast cereals, and Vitamin C enriched fruit juices.

Outreach efforts were minimized due to economic conditions. Wyandot WIC caseload ceiling for FY '08 was 588 participants per month. The average monthly caseload in 2008 was 642 participants. We continue to offer the Farmers' Market Nutrition Program to our participants. This supplemental program offers participants a packet of coupons worth \$15 that they can redeem at our local Farmers' Market for fresh fruits and vegetables. We distributed 65 sets of coupons this year at the local market including a market held in the Health Department parking lot! This included recipe sharing and free taste testing.

The Breastfeeding Support Group continues to meet the first Tuesday of every month. Any pregnant or breastfeeding woman is welcome to attend. Wyandot County WIC continues to offer the breast pump program which involves offering hand or electric pumps to our WIC participants who return to work or school while still breastfeeding. On staff is Cindy Kraus who is a Certified Lactation Consultant and is available for assistance.

2008 Vital Statistics

Births - Male	69
Births - Female	78
Twins	4
Deaths - Male	90
Deaths - Females	93
Fetal Deaths	2
Burial Permits	185
Certified Births Issued	659
Certified Deaths Issued	699

NOTE: The birth and death numbers do not include occurrences of Wyandot County residences occurring in neighboring counties or states.

Causes of Death 2008:

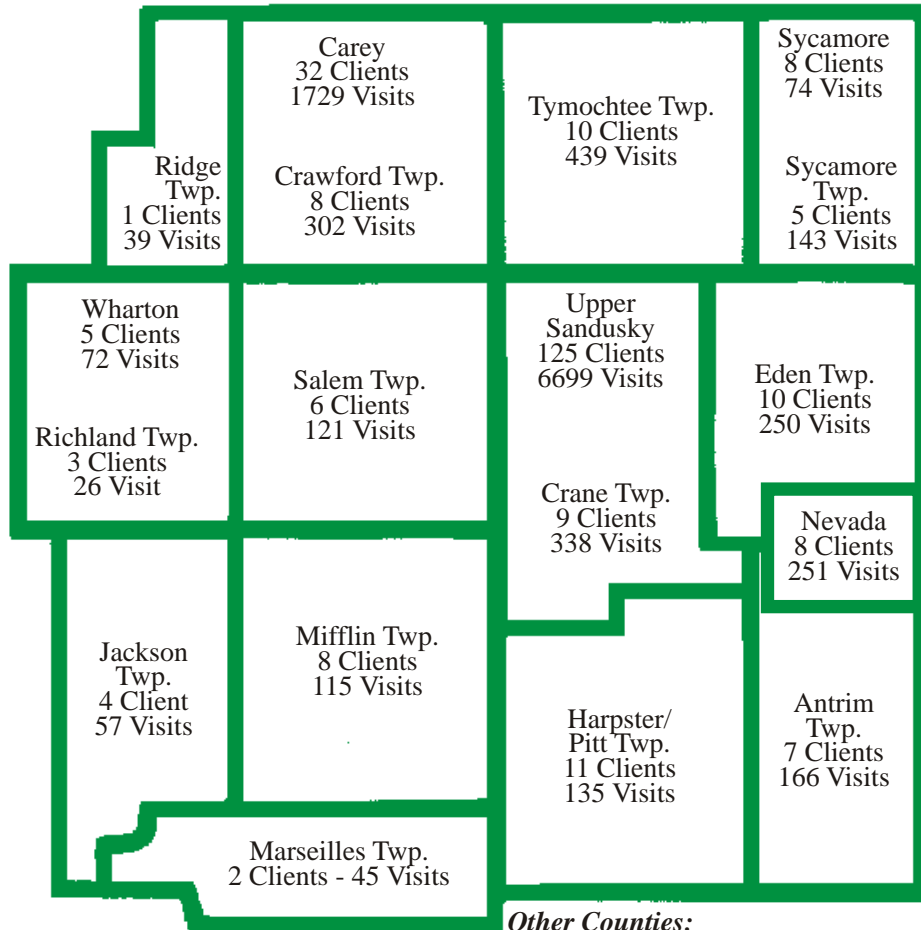
Accidents:	C.V.A. Stroke: 10	Leukemia-1
Tractor roll over-1	Heart: 55	Massive pulmonary thromboembolism-1
Alzheimer's: 5	Other:	Multiple sclerosis-3
Cancer:	Accidental overdose-1	Natural-1
Bladder-1	Burned-1	Parkinson's-1
Breast-2	Cardiovascular disease-1	Peripheral arterial disease-1
Colon-1	Cirrhosis-1	Pulmonary disease-1
Endometrial-2	Chronic myelodysplasia-1	Renal failure-4
Esophageal-2	Coronary artery disease-1	Respiratory failure-5
Glands-1	COPD-4	Senescence-1
Head & neck-1	Dementia-11	Septic shock-2
Liver-2	Depression-1	Subarachnoid hemorrhage-1
Lung-13	Diabetes-4	Tumor of pancreas-1
Mouth-1	Emphysema-1	UGI bleeding-5
Ovarian-1	Fungus-1	URO sepsis-1
Pancreatic-2	Gallbladder-1	Vascular disease-1
Prostate-1	Gangrenous-1	Pneumonia: 6
Renal-1	Herpes zoster-1	Suicide: 3
Tongue-1	Hip fracture-3	
Unknown origin-1	Hypertension-6	

The Vital Statistics Department of Wyandot County Health Department records all births and deaths occurring in Wyandot County and forwards this information to the Bureau of Vital Statistics in Columbus, Ohio.

Certified copies are issued at \$20.00 each, of which \$3.00 is submitted to the State of Ohio for the "Prevention of Child Abuse/Child Neglect" program and \$1.50 is submitted to the State of Ohio for the "Family Violence Prevention" program. Also, \$5.00 of each certificate will be used solely toward the modernization and automation of the system of vital records in Ohio.

Wyandot County Home Health Agency

Mission Statement: Wyandot County Home Health Agency strives to provide quality, cost-effective home care services to the residents of Wyandot County. The Home Health Agency provides visits to patients who are confined to home, are under a physician's care, and are in need of part time or intermittent care.



Other Counties:

Crawford County	3 Clients	78 Visits
Hardin County	1 Client	20 Visits
Seneca County	3 Client	39 Visits

Home Health Care Services

Due to shorter hospital stays and longer life spans, the demand for home health care continues to grow. Any Wyandot County resident may be eligible for in-home health care. Services can be short-term, such as during recovery from an injury, illness, or surgery. Ongoing services would include care of a disabled or elderly person. Home Health Care services can be provided to a person of any age when a need for skilled care exists. Custodial care is available to those who need help with personal care or homemaking.

Highlights of the Year in Nursing

The health department continued to work towards the goal of having 90% of children "up to date" with their immunizations by the time the child reaches 2 years of age. Our last "up to date" rate for 2008 was 83%. This is a 2% increase from the end of 2007. Community physicians and their staff were provided updated information through the Physician Reference Guide and monthly newsletters published by the health department staff. Our immunization staff has been extremely flexible with providing immunizations to those clients who walk through our door on a non-immunization clinic day. With rising gas prices and a slowing economy our flexibility allowed more clients needs to be met and allowed us to work toward our 90% goal.

Our family planning clinic provides STD testing, pap tests and clinic exams to both men and women along with contraceptive prescriptions. We are now involved with the Infertility Prevention Project through ODH which provides free STD testing to those qualifying Family Planning clients along with antibiotics for treatment. Beginning in June, a new HIV testing procedure became available through ODH to provide HIV testing at no charge to our Family Planning clients. With the implementation of these two new programs, it has saved our health department thousands of dollars in lab fees. Our current nurse practitioner is Jenny Newman, CNP who is contracted through Wyandot Memorial Hospital. She also provides physical exams for individuals attending the Teen/Family Clinic and BCCP program.

Two hundred and eight bike helmets were fitted and distributed to children at the annual Family Fun Fair, Sycamore Health Fair and Dorcas Carey Library Fun Day. These helmets were purchased with donations received from various agencies, businesses, and organizations throughout our community.

In June 2008 we received word that our funding for the Tobacco Prevention Program known as Life Skills has been eliminated from the Northwest Ohio Tobacco Control Strategic Alliance due to state budget cuts. The Alliance was unable to obtain funding from the new tobacco grant created through Ohio Department of Health. We were informed late December 2008 that

we will be receiving funding through the Mental Health and Recovery Board Levy monies beginning in 2009. This funding will allow nurses to continue implementing Life Skills to approximately 480 elementary students at Union, East, South, St. Pete, and OLC schools in grades 3-4-5.

Our nursing staff has been kept busy with our outreach efforts by participating and partnering with area agencies through health fairs, other community activities, and agency/organization meetings. These partnerships include (but are not limited to) Angeline, Carey, Upper Sandusky, Mohawk Schools, Help Me Grow, WIC, Family and Children First Council, Wyandot Memorial Hospital, Head Start, Wyandot County Council on Aging, Early Childhood Coordination Committee, Department of Jobs and Family Services, Wyandot County EMS, Wyandot County Sheriff's Department, local police departments, pharmacies, local groceries, pizza parlors, and insurance companies. These affiliations are essential for providing the necessary communication and updates between county agencies to provide optimal care for Wyandot County residents.

Using funds from our Child & Family Health Services (CFHS) grant, the health department participates in community assessments and quality assurance activities. These activities include client surveys and interviews, clinic time studies, chart reviews, and review of statistics that reflect the health status of our community. Client satisfaction survey results reveal that 100% of our clients are satisfied with the services they have receive. Taking part in the Community Health Assessment is essential to provide the necessary information required to obtain additional grant funding for Wyandot County. Part of this grant requirement is to provide health department staff training in cultural competency which is done annually. Many of our informational fliers, consent forms, etc. have been translated into Spanish for improved communication with the Hispanic population.

We wish to acknowledge Rosa Rall who provides interpreter services for Wyandot County Health Department to meet the health needs of the Hispanic population in Wyandot County.

2008 Statistics

School Contracts

Carey Public School
 St. Peter's School
 Upper Sandusky Exempted Village Schools
 Angeline School and Industries
 Our Lady of Consolation School
 Mohawk Local Schools "Hearing Screenings only"

Miscellaneous Services

Blood Pressure Screening Program	
Number of visits	72
Communicable Disease	
Class A Diseases Report.	50
Tuberculosis Control	
PPD skin tests given	350
Confirmed active cases	0
Clients with active follow up.	2
HIV Counseling and Testing	
Number of tests completed	184
Lead Screening	
Tests done	79
Clients with follow-up.	6 on case management 1 ODH investigation
Car Seat Program	
Car seats given	30 from ODH 20 from Car Seat inspection
Newborn Baby	
Referrals to Help Me Grow for newborn visits	105
Bereavement visits	0

Bureau for Children with Medical Handicaps (BCMh)
 Wyandot County children served 122

Head checks for lice
 Number of screenings 541

Clinics

Ohio Department of Health Hearing Clinic
 Clinics held during 2008 4
 Number of visits. 94
 Number of children referred, needed further testing or surgery 74

Teen/Family Clinic
 Number of visits. 62

Breast and Cervical Cancer Project
 Number of clients 12

Immunization Clinics
 Upper Sandusky - Tuesday 380
 Upper Sandusky - Friday 602
 Carey Clinic 164
 Sycamore Clinic 100
 WIC Immunizations 170
 Appointment Only Clinic 101
 Other 138
 Walk-In 47
 Total number of immunization related visits 1702
 Total number of immunizations given 4991

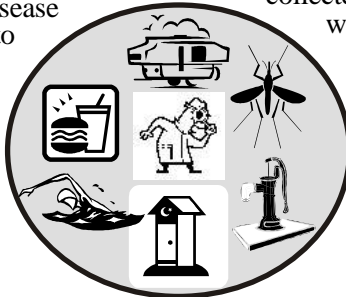
Influenza Vaccine
 Doses given. 1838

Family Planning Clinic 695

2008 Environmental Stats

Environmental Health Division

The Wyandot County Health District is responsible for conducting inspection activities related to state mandated environmental health programs. Some of these programs include the licensing and inspection of food services, home sewage treatment systems, private water systems, campgrounds and manufactured home parks, public pools and solid waste facilities. The Department also inspects schools, investigates nuisance complaints, and conducts vector borne disease testing and surveillance. In addition to conducting our regular inspection activities in 2008 the Wyandot County Health District worked hard to update and implement our local sewage treatment rules, applied for and obtained grant funds to provide free radon test kits to local citizens, and worked with our schools to gain compliance with the new state institutional inspection requirements. Some of the highlights from 2008 are listed below.



Environmental Division

Mercury Spill Prevention/Recycling

The Wyandot County Health District, in coordination with the Wyandot County Recycling Center and Solid Waste Management District, continues to promote the mercury eradication/reduction program in the county. The intent of the program is to remove potentially hazardous household mercury fever thermometers from homes. Since the inception of the program, the Health Department has collected hundreds of mercury thermometers, as well as other mercury containing devices from not only homes, but also schools and businesses in Wyandot County. All mercury products collected through the program are sent, at no cost to the Health Department, to the Bowling Green State University where they are either properly disposed of or recycled.

Household Sewage Treatment

Although very little residential development occurred during 2008, Health Department staff remained busy by updating interim sewage treatment regulations and educating the public regarding changes to the program. The most significant change to the Household Sewage Treatment Regulations was the reduction of the isolation distance requirement to a restrictive layer in the soil, such as; a seasonally high water table. Based upon the changes made, it is now easier for homeowners to utilize traditional leach and tile field system designs on proposed building sites, which appeared to be a major concern for both residential developers and system installers under the 2007 State sewage treatment rules.

Free Radon Test Kits

As a public health service to our community the Health Department obtained and is currently distributing 100 free radon test kits to local citizens. Radon is a naturally occurring gas that enters buildings from the surrounding soil. Radon gas is an odorless, colorless, tasteless pollutant that's credited as the second leading cause of lung cancer in the United States. The Ohio Department of Health estimates that as many as one in two homes in Ohio have elevated radon levels. Simple test kits can reveal the amount of radon in any building, and those found having high levels can usually be fixed with simple and affordable venting techniques. Testing is critical, because it is the only way to know if a building has significant concentrations of radon.

Kirby Tire Dump Cleanup Complete

In April of 2008 the Ohio EPA announced the completion of their abatement project at the Kirby Tire Facility in Sycamore, Ohio. Based upon their estimates, the state spent nearly 31 million dollars over nine years to remove burned and unburned tires, as well as treat contaminated surface water generated during the tire fire. The cost of the clean-up was primarily funded by the \$1 state fee placed on the sale of new tires sold in Ohio. Throughout the nine year cleanup process the Health Department conducted mosquito monitoring for West Nile virus, as well as solid waste inspections related to the activities of the Scrap Tire Abatement Contractors. Although the Department's inspection activities have ceased with the completion of the cleanup, over the next two years staff will continue to review the Ohio EPA's water testing results from monitoring wells surrounding the facility to ensure the groundwater contamination is not a concern to the citizens of Wyandot County.

Emergency Preparedness Programs

The Wyandot County Health District continues to update our local emergency response plans and obtain vital public health emergency response training with financial assistance from State and Federal grants. One of our major highlights of the 2008 planning year included the health districts participation in a large scale pandemic exercise. As the primary player in the exercise health district staff demonstrated their ability to open a departmental operations center, effectively communicate with our partnering agencies, and take the necessary steps to protect the health and safety of our community. In 2009 the Department will build upon our existing emergency response activities by focusing on all-hazard planning.

Environmental Health Outreach

The Health Department is always willing to provide the general public and special groups with educational information regarding environmental health and emergency response topics. To schedule a speaker or discuss potential topics, contact the Environmental Health Division.

2008 Environmental Health Statistics

Food Service Program

Food Service Inspections 558
 Food Program Consultations 193

General Environmental Health

Regional Planning Inspections 48
 School/Jail Inspections 10
 Nuisance Complaints/Inspections. 146
 Animal Bite Reports 27
 Rabies Specimens Tested. 10
 Dead Birds Tested 2
 Mosquito Traps Set 40
 Radon Test Provided. 2
 Combined General Consultations 141

Recreational Inspection Program

Public Pool Inspections. 40
 Campground Inspections 18
 Mobile Home Park Inspections. 11
 Combined Recreational Consultations 89

Emergency Response Activities

Emergency Response Consultations 34
 Emergency Response Meetings/Trainings 29

Solid Waste Program

Landfill Inspections 33
 Compost Facility Inspections 3
 Infectious Waste Inspections. 6
 Garbage Hauler Inspections 18
 Other Solid Waste Activities 17
 Combined Solid Waste Consultations 37

Household Sewage Program

New Home Site Evaluations. 2
 Septic Permits Issued. 17
 Septic System Inspections 46
 Septic System Finals 17
 Septic Hauler Trucks Licensed 8
 Combined Sewage Consultations 188

Private Water System Program

Water Samples Taken 123
 Well Permits Issued. 52
 Well Inspections/Finals. 99
 Water Hauler Inspections 1
 Well Consultations 100

*Working Together
 To Keep You Healthy*



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Wyandot Co. Home Health Agency

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